

SEPTEMBER 2019

Questa Del Rio News

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AIRSTREAMING

Page 27



COSTILLA-AMALIA
COMMUNITY SCHOOL TOUGH
ROAD AHEAD

page 19



THAI TERRIFIC!

Page 6

QUESTA • RED RIVER • CERRO • COSTILLA • AMALIA • LAMA • SAN CRISTOBAL

Questa to Send All-American Cheerleaders to London

By LOU MCCALL

Of all the outstanding athletic achievements of the Questa Schools, it is the Questa Cheerleaders who have put Questa on the sports map. Coach Kathy Gonzales has been leading the team to victory for 15 years. In Questa's history there have been three state championships and the Questa Cheerleaders have won two, in 2017 and 2018. And of course, we are proud of our 1994 State Basketball Champions, too!

In July, Questa Cheer attended a three-day Universal Cheer Association (UCA) camp in Belen, New Mexico to qualify for the All American Team. Fourteen girls attended and five were voted the best in the country to join the All American Team. They also came back to Questa with awards, including Best Team Technique Award and the Superior Trophy Award. Those attending the event were impressed because Questa was the smallest team represented and came from the smallest school, with less than 100 total students at the high school. The judges commented



Photos by Brandon Gonzales

All American Cheerleaders from left to right; Senior Clarissa Arellano, Freshmen Jordyn Martinez and Jenna Hernandez, Sophomore Nelly Lacome and Senior Ari Ortega.

QUESTA WINS continued page 28

Positive Thoughts by Donna Mitchell-Moniak

When you read this, I pray that the news of the last week in July and early August is not repeated in September. Three mass shootings occurred in one week with vigils and funerals and a lot of shock and grief, but lo--no gun reform or shutting down hate-based, delusional internet

forums, which are seemingly protected by the Constitution. What about us? Are you and I protected by the Constitution? What about the 251 people killed so far this year in mass shootings in the U.S. alone? What about their families, friends and all who were injured or traumatized by troubled men toting guns? As an American citizen, right now, I am traumatized. As I write this it is hard to conjure a positive thought.

We must though, all of us must conjure positive thoughts. Adversity is never for

its own sake. We are challenged personally and societally as a divine method to incite recognition of that which needs change and then to be inspired to create positive change. The first decades of this new millennium have seen events and circumstances never seen in our lifetimes. The entire planet and all its living creatures are suffering, due to heedless humans and greed. Both can be transformed, and

POSITIVE THOUGHTS continued page 28

Welcome Linda Miller to Questa Del Rio News!



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Cover Story.....	Page 1
Letters.....	Pages 2-3
Business Listing.....	Pages 4-5
Enchanted Eats.....	Page 6
QEDF.....	Page 7
Health & Wellness.....	Pages 8-9
Arts & Culture.....	Pages 10-13

Library.....	Page 12
Recreation.....	Pages 14-17
Education.....	Pages 18-19
A Poem.....	Page 20
Library.....	Page 21
Los Vecinos.....	Page 22
Travel.....	Page 23

Community News.....	Pages 24-26
Senior Living.....	Page 27
Jump from One.....	Page 28
Astrology/Dates to Remember.....	Page 29
Classified.....	Page 30
Bulletin Board.....	Page 31
Business Directory.....	Page 30 & Back Page

Questa Del Rio News

NOTICIAS QUESTA DEL RIO

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See Page 3

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OUR MISSION
To Inform, Inspire, Connect and Unite the Communities of Northern Taos County.
NUESTRO OBJETIVO
Es informar, inspirar, contactar, y unir a toda la comunidad del norte del condado de Taos.

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ENVÍE ANTES DEL DÍA 15 DEL MES
news@questaedf.com

LETTER FROM THE EDITOR

It's a wonderful time of year to be in the Enchanted Circle. I used to think that the "Enchanted Circle" referred to the cycle of life; the Earth's circle around the sun, the moon's circle around the Earth, our personal journey between the two profound moments of birth and death. There are so many enchanted circles in one's life. Everyone knows the term, "What goes around comes around." When something in our lives comes full circle, that is a way of saying it is a form of completion. To me, there is no time like September to be reminded of the Enchanted Circle of the Seasons.

Some of us smelled fall in the air many weeks ago. After the summer solstice, the days got shorter, the fruit ripened, the wind whispered a change in the air. And now the leaves turn brown; or if you are lucky enough to live in the Enchanted Circle of Northern New Mexico you get to experience the aspens' golden grand finale to another summer.

Autumn is a good time to think about change and impermanence and letting go. Summer was great, we had a nice vacation, the kids had fun, now it is time to go back to school, come inside and prepare for winter. Have you noticed the squirrels and chipmunks are even more frenetic than ever? Some of us may be thinking, brrr, I'm not ready for winter, or I love summer and I'm bummed that it is over... there is absolutely no reason to make ourselves miserable by resisting. Relax! Change is inevitable, and we may as well embrace it. There is something to love in all new experiences, even if it is challenging or outside our comfort zone. Get ready, change is coming.

Some members of our community know what it means to make hay while the sun shines. Questa has a long tradition of being an agricultural community. Farmers go into overdrive with the harvest; maybe we saw our grandparents dry venison, get out the canner, make jams and can tomatoes; maybe we are carrying on the traditions, yay! September is a rich time to have a garden. The markets are alive with the intoxicating smell of roasting green chile. It is so fun to go out and pick squash for dinner (and of course pick some for our neighbors or whomever we can share it with!).

We know about the history of agriculture in our community and our current experiences as gardeners, ranchers or farmers. Now let's think about what's next! The Questa Economic Development Fund will be hosting a community forum about the future of agriculture in Questa and surrounding communities. It doesn't matter if you have a thousand acres for grazing cattle, a few acres of alfalfa, a hemp enterprise, a small backyard garden or even a greenhouse, what is your vision for agriculture in our Enchanted Circle? The QEDF wants to hear first-hand from those in any part of the agricultural sector. Please join us and be prepared to share your concerns, challenges, questions and ideas on Thursday, September 19th from 6:00-7:30 PM at the Questa VFW. A light dinner and beverages will be served. (see article on page 6 for more information).

Thank you for opening up the Questa Del Rio News and have a beautiful September!

LOU McCALL
EDITOR,
QUESTA DEL RIO NEWS



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Dear Editor,

We have been coming here every summer since 1994. We love the cool weather, the quiet, and the friendly people here in Questa. We love going to the senior center for lunch, always cooked and served fresh each day and good. Also, the wannabe artists paint there or play games. We really enjoy reading your newspaper. I like reading it better than the Fort Worth Star Telegram. A great article on Satchmo and all the community news,

recipes and ads. Thank you.

I enjoyed the article that Berlinda saved from the 1986 New Mexico News submitted by L. Jaramillo. We were here when they reopened the mine and when they closed it down this time.

I've thought about why they couldn't open the mine to tourists, if it was safe for the workers then it should be safe for tourists. They could open a gift shop, sell tickets for people to go down in the mine to see where the miners worked, what Molybdenum looks like, how it is used to strengthen steel, have pamphlets with pictures and other gifts made by the residents of Questa and the surrounding area. There are a lot of very talented people here: artists, crafters, quilters, potters, singers and pickers and probably lots of others.

I just think it's a shame to shut down the mine when so many people drive by that don't know what Molybdenum is, how it's mined, and what it is used for.

-JO LOVELADY,
FORT WORTH TEXAS

P.S. Would it be possible to subscribe to the paper and have it mailed to me in Ft. Worth when I am not here?

Great idea for the Molybdenum Museum, let's revisit that! And yes, you can make a tax deductible donation to get your paper in your mailbox. Thanks for your support!

It is great to receive your newspaper in my inbox. Thanks for emailing the beautiful August issue! I love its community orientation and positive tone. I love seeing all your hard work and creativity. I am Media Director at Community Against Violence and recommended the paper for reaching the Questa and Red River communities. Our director agreed it would be good coverage for CAV to be present in an area we serve with CAV's free and confidential services. We have always enjoyed lots of support from Questa, and we deeply appreciate the Radiothon presence and sponsorships every year from Mayor Gallegos and Chevron. Please let your readers know that October 10th is the KTAO Radiothon Day this year. This is a beautiful issue! Thanks so much for all your hard work and creativity.

SUSAN EMBRY
COMMUNITY AGAINST VIOLENCE,
MEDIA COORDINATOR

In previous articles, I tried to give everyone who made our programs possible credit and thanks. Somehow, I missed thanking El Monte Carlo for donating the ice cream for our July 27th Community Day. So, thank you El Monte Carlo! We appreciate your contribution. The ice cream was delicious and the perfect ending to our lunch!

SHARON NICHOLSON,
QUESTA LIBRARY DIRECTOR

I appreciate you including the Caps for Cancer drive in the paper, however some of the information in the August issue was inaccurate. The plastic bottle caps collected by Nonviolence Works volunteers are donated to a hospital in Coahuila, Mexico. The hospital recycles the caps and uses the profits to help families in need, not necessarily living in poverty, pay for chemotherapy. The caps we collect are mailed to an individual in San Antonio, Texas whose family is leading the drive there and also delivers the caps to Mexico. This project is led by Nonviolence Works volunteers who are very proud of their collection efforts.

THANK YOU,
DEBORAH CHAVEZ
NONVIOLENCE WORKS

OOPS, RETRACTIONS
FROM LAST MONTH!

• We made a lot of mistakes in our August issue, so sorry about that! Thank you, readers, for your patience and tolerance. With these retractions we hope to make it right:

• Last month we mistakenly identified Maria Gonzalez as the Director of Vida del Norte Coalition. Her correct title is Coordinator. Simon Torres is their director.

• In our article last month about the new Red River Bark Park, we did not identify a dog in one of the photos. The black Goldendoodle is named Jett and his owner, Dianne Hughes, took the photo. I hope our readers will take their furry friends and visit the Bark Park and attend their fundraising event, Wags and Wine on September 14th!

• We apologize for our mistake last month on our Dates to Remember calendar feature. We mistakenly included Wild Cat Kitty Club and other kids' programs that were taking a break in August. The Library kid's programs will be starting soon!

• Last month, on page 24, in our "It's Hemp-ening!" article, we talked about the many amazing properties of hemp and wrote about it being a phenomenal soil purifier. We wrote about how great it would be to plant hemp on the molybdenum tailings in Questa. Because of past proven successes all over the world, the EPA could grow hemp to clean up Superfund Sites like Questa. While true, somehow, those statements ended up in the same paragraph as the one about Chernobyl and how hemp had made a remarkable difference in the nuclear cleanup. We were contacted by outraged readers to let us know that in no way was Questa to be compared with Chernobyl! We are appalled, that was not the message we intended! We apologize to anyone who was offended by that article. The mistake was entirely that of the Questa del Rio News and not Ruth Fahrback, the author, we edited that part extensively.

Sunday, October 27 • 2:00-5:00PM
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Reduce Energy Use With Help from NMSU

By PATRICIA SULLIVAN

Since 1999, NMSU's College of Engineering has been the recipient of annual Pollution Prevention (P2) grant funding from the U.S. Environmental Protection Agency (EPA). Recently, the College was awarded funding from United States Department of Agriculture (USDA) to expand P2 services statewide. This funding allows the College to provide on-site technical assistance for businesses and facilities throughout New Mexico on matters of pollution prevention, improved environmental performance, and energy-efficiency.

NMSU Engineering staff conduct on-site assessments, often two to three days in length, that culminate in a detailed written report on recommendations for operational efficiencies. The staff has conducted dozens of these assessments in manufacturing, healthcare, hospitality, and public sector facilities—free of charge. These facilities have realized significant process improvements, increased efficiencies, and related cost-savings.

“Educating business owners on best practices is key. We work with different sectors and different size businesses across the state—from small mom and pop businesses to ones that have up to 500 employees,” said research scientist Jalal Rastegary, an Engineering Extension specialist who runs the Pollution Prevention and Energy Efficiency program at NMSU. “Recently we had the opportunity to work with the Taos County Economic Development Corporation (TCEDC)-Taos Food Center.”

Pati Martinson, executive director of the TCEDC Food Center, explained, “From the assessment, we realized by replacing our fluorescent bulbs with LED lights, our annual cost of electricity

would be reduced from \$4200 to \$1370. This will result in saving of \$2830 annually from that recommendation alone.”

“TCEDC was impressed with the thorough and helpful service provided by NMSU's College of Engineering in evaluating our Food Center. As a community-based non-profit, we highly value such partnerships,” Martinson said.

Based on assessments, NMSU engineering staff provides recommendations for pollution prevention and energy efficiency measures that businesses can implement immediately—such as turning off lights or replacing with motion-sensor lighting, plus not covering vent holes on equipment intended to be energy efficient. The staff also assists management in understanding how to utilize what's within their business operations and how to gain efficiencies and cost savings. National studies suggest that energy efficiency investments alone not only inject funds into the economy to stimulate job creation, but has the potential to alleviate systemic unemployment by reducing energy bills and making those dollars available to support broader economic activity.

“As a resource for New Mexicans, NMSU's College of Engineering is focused on helping business owners identify cost-savings that can be reinvested in their businesses as well as retain jobs,” said Patricia Sullivan, Associate Dean for Outreach and Recruitment in NMSU's College of Engineering. “This is particularly important for small businesses that operate with small profit margins.

“Our Engineering outreach services extend beyond the on-site assessments. We have a strong partnership with federal and state agencies and other business service providers across the state, and collectively, we are working to



Photo by Amirreza Barin

Mercedes Rodriguez from TCEDC explains their operation to Chris Campbell and Jalal Rastegary of NMSU Engineering School.

connect businesses with relevant services to better their operational processes,” Sullivan explained.

Additionally, NMSU has partnered with the New Mexico Economic Development Department (NMEDD), the NM Energy, Minerals and Natural Resources Energy Conservation and Management Division (ECMD), and USDA to expand business services through the New Mexico Rural Efficient Business program. To date, the program has provided workshops on energy efficiency

in Gallup, Las Vegas, Deming, Clovis, Carlsbad, and Taos.

NMSU Engineering outreach services support industries such as beverage, food processing, grocery stores, healthcare, hospitality, manufacturing, and micro-brewing. To learn more about NMSU's Engineering outreach services, and to schedule a no-cost assessment for your business, visit <http://engrnm.nmsu.edu> or contact Jalal Rastegary rastegar@nmsu.edu.

Home Rehab Businesses— We Want You!

The Questa Lodging Project, a project of the San Antonio del Rio Colorado Historic Preservation non-profit, is launching an ambitious home rehabilitation project this fall. They are compiling a list of Questa-area GB-98 contractors, roofers, landscapers, electricians, plumbers, and handymen and women to rehabilitate homes in Questa. They are also working with the USDA and several homeowners bringing home rehabilitation grant money into Questa. If you own a business in the Questa area, have a Questa business license, and fall into one of the categories listed above, please call to get in our directory so we can send home rehab customers to you. We are also compiling a directory of house sitters and people who clean houses! 575-586-2149.

Are You Seniors in Need of Free Home Repairs?

The USDA Rural Development Department has a funding program to help senior citizens renovate their houses so they can continue to live in their homes. This program is called the 504 Grant and is aimed toward New Mexicans that are 62 years or older, own their home (not renting) that sits on a foundation, and earn less than \$27,000 per year. Trailers that have foundations are eligible.

If you fit into these categories and your home needs essential repairs such as a new roof or other roof repairs, a wheelchair ramp to access your front door, a new furnace or upgrades and repairs to your heating system, water system repairs, rails and adjustments made to your bathroom, or other essential repairs or modifications to your home, help is on the way. The Questa Economic Development Fund will help you complete the 504 Grant application free of charge. Call 575-586-2149 to schedule an appointment or to determine if you are eligible. To contact the USDA directly call Rose Perez in Albuquerque at 505-761-4949.

Experience Dreamlike Nostalgia at the Candy Crate

BY NICK NAGAWIECKI

As the late summer blues kick in with the kids back at school and the number of hot days dwindling, consider a visit to Red River to cool down and enjoy some sweet treats at the Candy Crate! It is one of Red River's favorite destinations and is a home-grown family business. Owner Dirk Arnold's mother and father-in-law originally purchased the Red River Inn and Shops in 1975. His wife, Kathi, and her sister started the Candy Mountain Fudge operation there in 1990. Dirk and Kathi bought the Fudge business in 2001 from Kathi's parents and started running the Candy Crate. Eventually, Dirk and Kathi bought the entire property in 2007. The complex has housed several functions since then ranging from live theater to lodging. After Kathi passed away in 2009, Dirk continued the business as they had envisioned it together. The Candy Crate is in its 19th year and Candy Mountain Fudge in its 30th year. The resulting Candy Crate is a confectioner's paradise.

The shop has an unassuming façade. A rustic wooden entryway leads to the central room where you immediately smile with childlike delight as the beautiful smells of fudge, popcorn, candy, and just a hint of New Mexico Chile grace your nostrils. The current candy store grew from the one central room where you enter. It houses refreshments and candies of your childhood which you had no idea you had even forgotten. My eyes immediately focused on a Pucker Powder dispenser. I had not seen one in over a decade. Dirk works hard to get candies which are not seen just anywhere; either because they have faded to obscurity over time or because they are too quirky to enjoy mainstream appeal to begin with.

The next room to the right is the gift shop. This is the place where Dirk flexes his muscles as a former rock and roll production designer. Graphics galore in this room represent current and past cultural obsessions. Here you'll find memorabilia of Bob Marley, next to John Wayne, next to Pink Floyd, next to Disney's Frozen, next to Rick and Morty. The displays are carefully crafted so that children would more easily see the things which appeal to their tastes and likewise for teenagers and adults.

On the opposite side of the entrance is the main candy and sweets hub. You pass by the fudge counter with a friendly face there to take your order. This room is overflowing with sweets. Like everywhere else in the building, there is something for everybody. The star of the show is the diverse set of fudges made in-house. The Jelly Belly display, Laffy Taffy, Lollipops, Candy Cigarettes, and Chocolate Armoire are all classic staples of any candy shop worth its salt. There is a whole wall with a dazzling array of PEZ dispensers. Remember PEZ Candy? But Candy Crate expands upon the stereotype of a sweet-shop. With Japanese candies, candy tacos, vintage sweets and so much more.

Next you enter "The New Mexico Room," where everything is made in The Land of Enchantment. Candies, yes, and also soaps, lotions, crafts and even books by New Mexico authors.

After years of expanding The Candy Crate, Dirk has decided to step down as the primary head of the business. After Labor Day weekend, his daughter, Amber Rateau took over the operation and Dirk will be partially retired. Originally, he was going to sell the business, but Amber wanted to move back to Red River after working in drug and alcohol



Photo by Nick Nagawiecki

Candy Crate's Dirk Arnold passes the torch to his daughter Amber Rateau who will assume the role as THE BOSS. Welcome back to Red River, Amber!

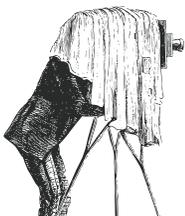
counseling in Albuquerque for years. The family understands the power of Candy. "We sell happiness," Amber tells me. "When you're behind the register and people come up and say, 'This is the best store in town,' it's all worth it," she says. Amber and Dirk understand what candy does for people. They have candies that are based on ancient herbal recipes. They want to carry candies which could be used for healing and are inclusive for people with special diets. Amber has an incredibly positive attitude and is excited about what the business might be under her leadership.

Candy Crate evolves from being a candy shop to a dreamlike experience of intense nostalgia and happiness over

the course of your visit. The Candy Crate is rated as one of, if not the best candy store in New Mexico in multiple online polls. It is the perfect getaway any time of year. The shop is open from 10AM until 7PM in September. They close at different hours, depending on the season, but are always open seven days a week. You can find out more at candy-mountainfudge.com where there is also an online store. Dirk and Amber are always looking for seasonal employees and have hired many students from Questa High School. If a teenager or college kid in your life is looking for some summer and holiday work, send them in! Candy Crate can be reached at 575-754-2925 or dirk@newmex.com.

Questa Del Rio News

WORKING SMART FOR OUR COMMUNITY



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Send us your photos of "on the scene" news worthy events OR just a pretty shot for our new "Photo of the Month" section.

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VIDA DEL NORTE COALITION

FREE NARCAN TRAINING

MONDAY - SEPTEMBER 16th - 6:00PM

at the Questa Youth and Family Center

Contact (575) 779-2260 for more information.

Everyone is welcome to attend.



Thai Terrific! Mrs. Rios' and Thai Kitchen

RESTAURANT REVIEW
By ROBYN BLACK, FOOD EDITOR

This month we are going to travel a little bit north to San Luis, Colorado to explore Mrs. Rios' & Thai Kitchen. Mrs. Rios' has been a staple in San Luis for many years, now it has become an adventure!

Five years ago, Superb Punpuang (Tom), Saijai White (Roxanne) and Winai Intanin (Win) came to visit Alamosa from Florida. Originally they are from Buntkain in northeast Thailand. They were enchanted with the area, the people and the lifestyle. Fast forward a few years, they are friends of Mrs. Rios' son, when he called and told them it was

for sale, they jumped at the chance to come back and buy Mrs. Rios' and settle in San Luis.

Tom is a trained chef who was working in South Palm Beach, Florida. Roxanne works in the kitchen and Win is the face of Mrs. Rios' & Thai Kitchen, the host with the most. Win will greet you with his great smile and wonderful attitude so that as soon as you walk in you are happy to be there even before you order! They order at least 50% of their food supplies directly from Thailand, Win says it actually gets here sooner than if they ordered the conventional way locally (go figure). Their 100% natural and organic dried tea flower and herbal teas come directly from Thailand, they have quite an assortment and they are delicious (you can buy the tea to take home and enjoy).

They passed their Food Service inspection with flying colors and it is evident when you look at the spotless kitchen from where you get the most delicious, fresh and made to order food. Besides outstanding Thai food, you can

order from their lunch menu enchiladas, burritos, BLT's, burgers and more. Their food is delicious and a delightful change from the fare we are used to in the Enchanted Circle. Our party of four went for dinner, we ordered the crispy calamari, with plum sauce and crushed peanuts, crispy egg roll, also with a plum sauce for appetizers. For our main course, we had garlic pork, ginger chicken, Lo Mein, and garlic shrimp. All seriously good! You have the option of customizing heat levels, ranging from mild to Thai hot. I am here to tell you, Thai hot is serious, not for the faint of heart!

They also serve beer (try the Chang, it is a smooth Thai beer) liquor and cocktails. After our meal Win brought us Thai iced coffee, Thai iced tea (both a delicious smoothie consistency) and cider soda and pineapple soda...I think we had a heated discussion on which one we liked best! There are not enough good things I can say about Win, Tom and Roxanne, they are all gracious

wonderful people who have made an incredibly good spot to go to in San Luis. Once you have had dinner or lunch there, you will make many return trips.

Mrs. Rios' & Thai Kitchen is a short drive from Questa and a worthwhile one for the wonderful food and a change of pace. They are located at 218 Main St, San Luis, Colorado. Hours are seven days a week from 9 a.m. to 9 p.m. Phone: 719-672-0211. You can call for take-out and order just about anything on their menu for pick up. You can also find them on Facebook as Mrs. Rios' & Thai Kitchen.

For this food review, I would like to say to Win, Tom, and Roxanne, Khob khun ka, which means thank you! Your hospitality and graciousness were very much appreciated!



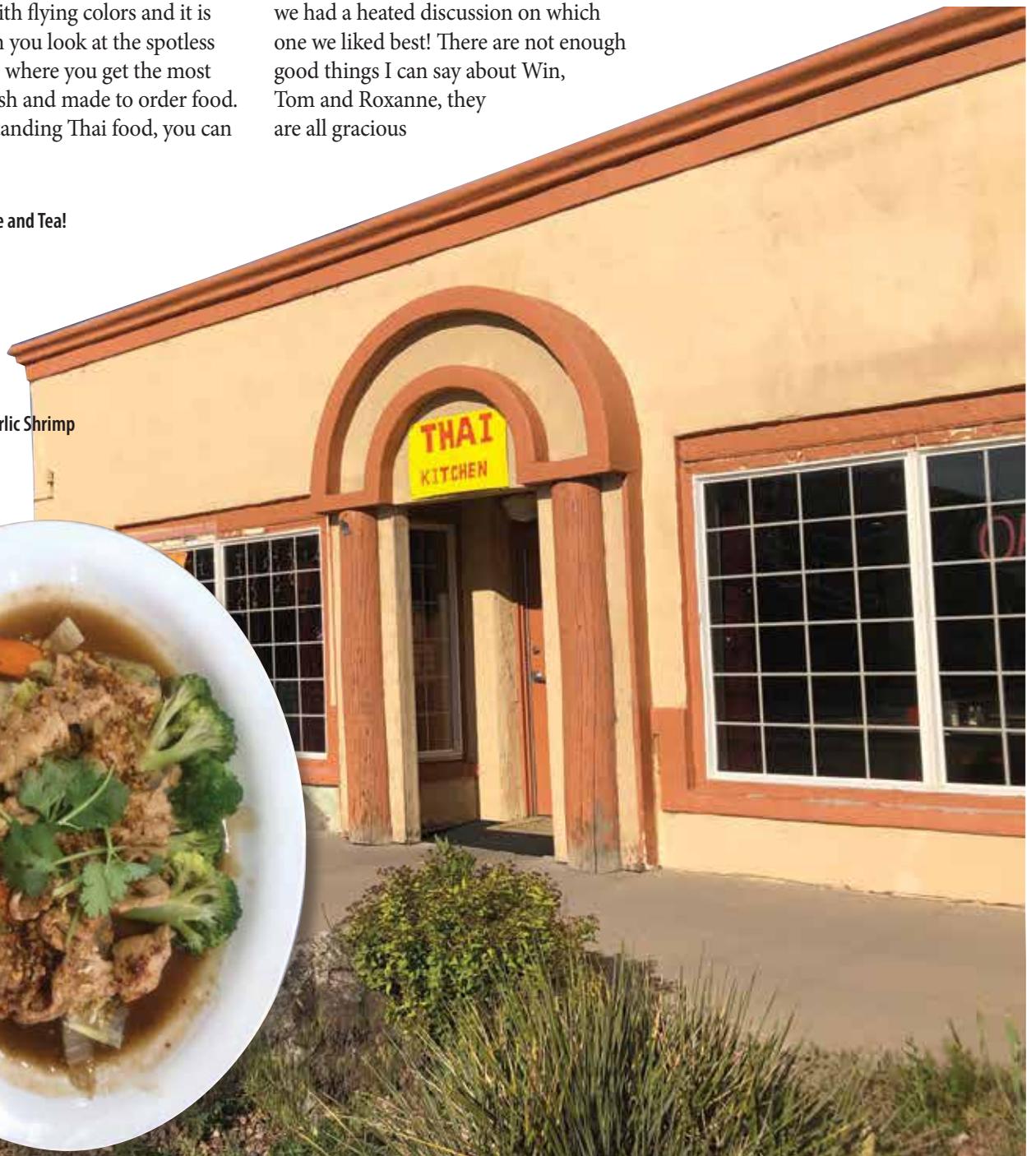
Iced Thai Coffee and Tea!



Garlic Shrimp



Garlic Pork



The Future of Farming and Ranching Community Forum

By ELMER SALAZAR

The Board of Directors of the Questa Economic Development Fund (QEDF) invite the extended community to attend a Forum that will focus on the future of farming and ranching in the Questa area. The Forum will take place on Thursday, September 19th at the VFW Hall in Questa from 6:00 to 7:30 PM. A light dinner and beverages will be provided for those attending the Forum.

Malaquias Rael, President of the QEDF said "The Board of Directors of the QEDF is very interested in how the QEDF might play a role in supporting, expanding, and diversifying the farming and ranching businesses in the extended Questa area. Agriculture continues to be a key economic force here and offers great potential for future business development as part of our economy."

The discussion will concentrate on the geographic limits of the Village of Questa, east of the Rio Grande del Norte National Monument, west of the Sangre de Cristo Mountains, and north to the Colorado/New Mexico border.

The Forum will be facilitated by Elmer

Salazar, President and CEO of Petroglyphs on the Rio Grande, which developed the Economic Development Strategy for the extended community in 2015. Salazar said, "Investment, infrastructure, technical support, and business support in growing the agricultural sector in the Questa area are all potential areas for engagement and development by the QEDF."

The **key goal** of the Forum is to hear first-hand from farmers and ranchers on how things are going in the traditional areas of agriculture such as alfalfa, grains, cattle, sheep, etc. Just as important, what are farmers and ranchers thinking about doing in the near future in other areas of agriculture that would further diversify the local agricultural community? It is clear that new crops such as hemp, hops, and heirloom barley, for example, may offer new sources of revenue, expansion, and diversification for the agricultural sector in the Questa area.

The **key question** for the Forum is how might the QEDF support current traditional agricultural activities, but also new expansion of the local agricultural sector; what are the underlying challenges facing

the extended agricultural community that the QEDF may be able to assist?

It is hoped that this Forum will bring together a significant portion of the agricultural community in the Questa area for some straight talk on the challenges of agriculture, farming and/or ranching. How might the QEDF play a role in leveraging and supporting new ventures in agriculture? Come to the Forum and find out! Please call the QEDF if you have any questions, 575-586-2149.

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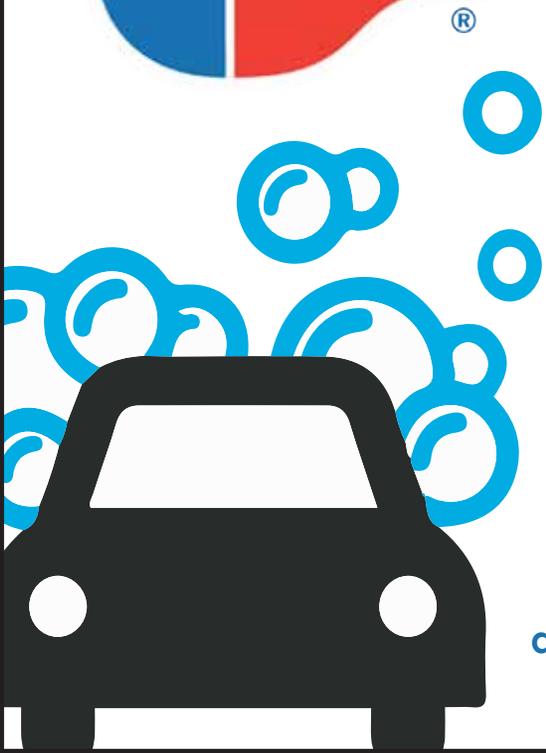
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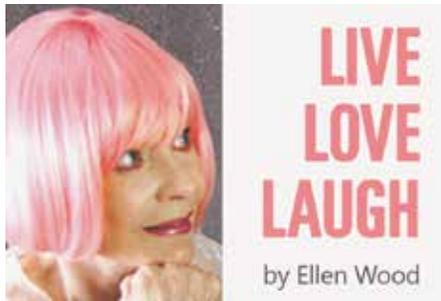
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Me too. That's okay – it happens. Sort of like death and taxes. When I was younger, I got a facelift but at 82, it doesn't make much sense. I'm happy with who I am, what I look like and in many ways I'm even better than I used to be.

I'm a little more savvy, a little less uptight, taking life as it comes. Sure, politics still makes me plumb crazy, but I'm not getting stressed to the max about trivial things like I sometimes

did in the past before my daily practices became habits.

Here's my favorite example: Quite some time ago, I had a three-hour drive to a speaking event in Colorado. All my props and books and CDs were safely packed in my car, and my daughter was driving so I could get a little shuteye before going onstage. We had brought snacks, and I had a huge bath towel – no, it was more like a beach towel – to cover my clothes while munching on slices of apple, cheese wedges and crackers. I didn't want anything that would mess up my elegant crocheted dress. I didn't even hug her dog before we left, because he likes to put his toenails in the crochet holes and pull. But, no. If you're thinking I ruined my dress that day, uh uh. That's not it.

When we arrived at the venue,

I stepped out of the car and looked down. My feet were still in my bedroom slippers! I immediately realized that my strappy shoes, the ones that go with my elegant dress, were still waiting by the door of my bedroom, instead of in the trunk of my car where they should have been. These bedroom slippers are not the kind that could pass for shoes – they're the dirty fuzzy kind that never see the inside of a washer. I'm fastidious about making sure everything is flawless for my gigs and this was a major slip-up.

I'm proud to tell you that all I said was, Oh, dang.

And here's what I mean about how I've changed. Formerly I would have said, OH DAMN! all caps, maybe 16 exclamation points. Perhaps I would even have stamped my fuzzy-slipped foot. Worst of all, I would have held onto

my negative feelings, allowing myself to go down into the rabbit hole of bleakness. That would have thrown off my pace during my talk. And believe me, audiences notice that kind of thing.

Instead, I did one of my quickie practices to center myself and ask for divine assistance. Then when I got inside, I took off my dirty slippers and my socks (those fuzzy slippers are too wide, so I wear them with socks) and I gave my talk in bare feet. Sort of bohemian-style. Even got a standing ovation. Yep, I think I'm getting better.

Ellen Wood of Questa is the award-winning author of the series of books, "The Secret Method for Growing Younger." Her website is www.howtogrowyounger.com. Contact Ellen at ellen@howtogrowyounger.com

¿La piel se te va cayendo hacia el sur por exceso de gravedad?

A mí también. Eso está bien—así pasa. Es como la muerte y los impuestos. Cuando era más joven me hice una cirugía facial, pero a los 82 años ya no

tiene mucho sentido. Estoy feliz con quién soy, cómo me veo y, en muchos sentidos, soy incluso mejor de lo que solía ser.

Soy un poco más inteligente, un poco menos tensa, tomando la vida como se presenta. Claro, la política todavía me mortifica, pero no me estreso al máximo por cosas triviales como a veces hacía en el pasado, antes de que mis prácticas diarias se convirtieran en hábitos.

Aquí está mi ejemplo favorito: hace cierto tiempo hice un viaje de tres horas a un evento en el que iba a participar como oradora en Colorado. Todos mis accesorios, libros y discos compactos estaban bien guardados en mi auto y mi hija manejaba para que yo pudiera descansar un ratito antes de subir al escenario. Habíamos traído bocadillos y tenía una enorme toalla de baño —no, era más bien una toalla de playa— para cubrir mi ropa mientras comía rodajas de manzana, pedacitos de queso y galletas. No quería nada que estropear mi elegante vestido de crochet. Ni siquiera abracé a su perro antes de que nos fuéramos porque le gusta meter las uñas en los agujeros de crochet y tirar. Pero no. Si crees que arruiné mi vestido ese día, para nada. No se trata de eso.

Cuando llegamos al lugar del evento, salí del auto y miré hacia abajo. ¡Todavía llevaba en los pies todavía las zapatillas que uso cuando estoy en mi recámara! Inmediatamente me di cuenta de que mis zapatos con tiritas, los que van con mi vestido elegante, aún estaban esperando en la puerta de la recámara, en lugar de en el maletero de mi auto, donde debían haber estado. Estas zapa-

tillas de andar por casa no son del tipo que podría pasar por zapatos —son del tipo sucio y peludo que nunca ve el interior de una lavadora. Soy muy fastidiosa a la hora de asegurarme de que todo esté perfecto en mis eventos y esto fue un tremendo error.

Me enorgullece contarles que todo lo que dije fue: Ay, caramba.

Y esto es lo que quiero decir sobre cómo he cambiado. Antes hubiera dicho, ¡AY CARAMBA! todo en mayúsculas, quizás con 16 signos de exclamación. Tal vez incluso habría dado patadas en el piso con mis zapatillas peludas. Lo peor de todo es que me habría aferrado a mis sentimientos negativos, permitiéndome caer en la trampa de la desolación. Eso le habría quitado el ritmo a mi charla. Y créanme, el público se da cuenta de ese tipo de cosas.

En lugar de hacer eso, realicé una de mis prácticas rápidas para concentrarme y pedir ayuda divina. Luego, cuando entré, me quité las zapatillas sucias y los calcetines (esas zapatillas peludas son demasiado anchas, así que las uso con medias) y di mi charla con los pies descalzos. Al estilo bohemio. Incluso recibió una gran ovación. Sí, creo que estoy mejorando.

Ellen Wood de Questa es la galaronada autora de la serie de libros "The Secret Method for Growing Younger." Su sitio web es www.howtogrowyounger.com. Para comunicarse con Ellen escribale a ellen@howtogrowyounger.com.

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BODY | MIND

By BARBARA TRACY

September

The breezes taste of apple peel,
The air is full of smells to feel –
Ripe fruit, old footballs,
Burning brush,
New books, erasers,
Chalk, and such.
The bee, his hive,
Well-honeyed hum,
And Mother cuts
Chrysanthemums.
Like plates washed clean
With suds, the days
Are polished with
A morning haze.

– John Updike

TASTE A LITTLE OF THE SUMMER!

This lovely poem truly reminds me of my childhood on the farm. My grandmother, Clementine, had endless energy while she was about her day; never walking, always rushing from one task to another, like a tiny whirlwind. In the

month of September, we were wrapping up the summer's canning, getting ready for the coming cold season. So yes, the breezes did taste of apple peel and there were jars of homemade applesauce lining up like little soldiers as she filled each jar and secured them for storage.

We had apple, cherry and peach trees, concord grapes, raspberry and gooseberry bushes, squash of every kind, beans, corn and more. So the canning season was always very, very busy. There was such a gift to having a root cellar filled with all these wonderful home canned foods and root vegetables. Little did I know how valuable such commodities were—I was more interested in drinking a soda or eating a candy bar and bags of potato chips.

We were not well versed during those days on the importance of good nutrition, we had entered into the processed food era. This was the age of the TV dinner, which was introduced in 1953. In 1941 M&M Candies were one of the first processed foods in America. It is said they were invented to provide soldiers with candy they could eat without getting their hands sticky. Maxwell House Instant Coffee, a product that was also supplied to soldiers, was produced and introduced to the public in 1945. This was the

beginning of venturing away from the whole, wholesome foods that were home processed with loving care and organically grown to boot.

There are some foods that are not edible unless they are processed. This includes cacao beans, coffee beans and wine. However, because of the focus on conscious eating, these are now available in organic forms offering as much wholesomeness as possible.

Eating processed foods has been recognized as synonymous with unhealthy eating and a lack of understanding about proper nutrition and the importance of whole foods. In the processed food industry, an entire meal could be prepared from ingredients that were assembled in a laboratory. Many different processes are used to make “food” ready to eat right out of the package which can last for years on the shelf. Granola bars, crackers, cookies, TV dinners, frozen pizzas, ice cream, carbonated beverages, spreadable cheese and other similar products are fast and easy to eat. Although there are natural varieties available, they are produced in a factory, rather than a kitchen and lacking in life force.

Individuals who don't know how to cook or are too busy are typically consum-

ers of processed foods. Teens often snack while their parents are out of the house, leading them to rely on processed foods. People with disabilities who live alone and do not have adequate support may have difficulty with the physical requirements of preparing foods from scratch. In view of such situations, it is good to know that there are some minimally processed foods that may be helpful such as bagged salads, packages of vegetables found in the produce section, packaged ground nuts or dried fruit. Canned beans and tuna also fall into this category, as well as baby food, frozen fruits and vegetables. Be sure to read your labels; good food only has a few ingredients. If you don't know what an ingredient is, or it has a long chemical sounding name, you don't want it in your body!

It's important to remember, the more processed the food, the less nutritious it is. In many cases it is no longer food but has become bio mass for feeding the population as cheaply and profitably as possible. Eating food as close to its natural state is the key to good health. Go out to your garden and eat a tomato or pick an apple off your tree. Have a wonderful September!

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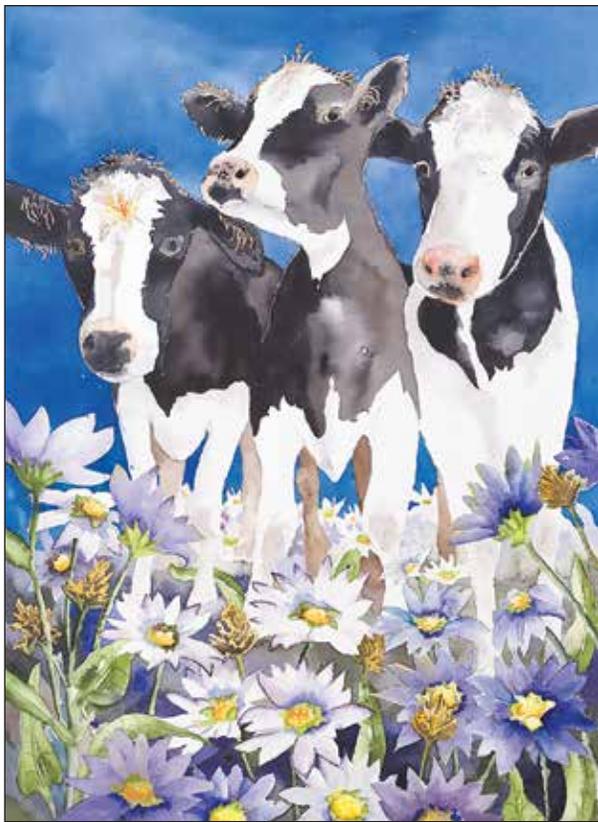
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Photographs by: Loralee Mattison, Nichollette Jean Coddling and Kelly Butwinski

21st Annual Rio Costilla Studio Tour



(above) "Where's the Grass?" Watercolor by Karen McCurtain-Blair, Costilla, NM



(middle top) Anita McDaniel's hand-hooked folk-art pillow with ravens entitled "Sunset"



(above) "Hip Hop" raven image, jewel toned watercolor by Karen Ahlgren, Garcia, Colorado

(middle lower) Artists in the Rio Costilla Studio Tour have painted or decorated cotton tote bags which will be for sale and auctioned as a fundraiser at the Emerging Artist Show. Pictured is hand hooked tote bag by needle work artist, Anita McDaniel of Jaroso, Colorado.

BY JANE KIRCHER,
KAREN BLAIR &
DONNA MITCHELL-MONIAK

Artists open their doors and hearts September 7 & 8 during the 21st Annual Rio Costilla Studio Tour. You can experience something of their creative process, enjoy their art and crafts, and go home with a purchase if something strikes your fancy.

Karen Ahlgren, who has been painting jewel toned watercolors of local wildlife for over 30 years says, "My goal has always been to connect the viewer with the majesty and sentient soulfulness of these wild beings." She invites you to her converted church studio in Garcia, Colorado for the Studio Tour. Karen Ahlgren is also being honored this year as one of the featured Image Artists in the Taos Fall Arts Festival. Though images were submitted to the TFAF board, the selection committee visited studios of finalists in order to base their selection on an entire body of work by the artist.

Another artist on the Tour is watercolorist Karen McCurtain-Blair. She was one of the five women featured in the 2019 Annual Taos News Magazine, Taos Woman. "I make such a heart connection to what I paint," she said. That

connection is to rustic homes set in their beautiful, natural environments. Shades of sunlight, flowers, and clouds dance across her canvas. Visit her home studio in Costilla.

Jane and Lynn Kircher open their extensive studios in "downtown" Jaroso, Colorado. There you can experience Jane's original evocative and often humorous fused and slumped glass sculptures as well as her sun-catchers just right for any window. Lynn's bronze sculptures are also on display. His life-size bronze work is featured throughout the U.S. and in international collections. When he presented his first crucifix to His Holiness John Paul II, he was asked how he felt about such a recognition. "Humbled," he replied, "...with great honor comes great responsibility to take my skill to a new level."

The Kirchers are also the driving force behind the Rio Costilla Studio Tour's adjunct 11th Annual Emerging Artist Program. School children are encouraged to create art and submit it to the Tour's Emerging Artist Show. Prizes are awarded and art supplies are given out. In support of the Emerging Artist Program this year, artists in the Studio Tour have painted or decorated cotton tote bags which will be for sale and auc-

21st Annual Rio Costilla Studio Tour September 7th & 8th

See riocostillaart.com
for a list of artists and more information

tioned at the Emerging Artist Show. You can cast a ballot for your favorite during the tour! The People's choice prize of \$100 is awarded to the youth whose artwork is selected by visitors to the tour.

Jaroso, Colorado is also home to Anita McDaniel's studio where you will find her hand-hooked folk-art pillows and hand-crafted footstools with hooked designs.

Kathryn Tatum is one of the contemporary painters on the Tour. She loves to paint mountain peaks like those in northern New Mexico as well as the highest world peaks. She then incorporates layers of handmade paint, mica, and wax to the creation. A must see is her L.E.D. light illuminated new media paintings which consist of many translucent layers of painted images concealing the art of the proceeding layer.

And, then there is David Satrun, the "Wood Worker on the Plaza," who has

won awards for his fine woodworking, both functional and fun.

Other artists participating and showing in various locations along the Tour route are: Michelle Vigil (hand-quilting), R.C. Santisteven (paintings/metal work), Nancy DeHerrera-Crochet (photos), Evelyn Oliva (paper art), Linda Loudon (LED painting), Sara Welch (ceramics), Mike Cline (painting), and Matthew Gonzales (sculpture).

It is impressive that these tiny mountain villages are home to so many creative and talented artists! For two days the old historic streets and plazas come to life with friendship, art, and food. On Saturday and Sunday, September 7th and 8th plan for full days of discovery from 10AM to 5PM. Historic Costilla Plaza as well as the Costilla Community Center is where to begin, get a tour-guide, and see the hand-painted tote bags in support of the Emerging Artists Program. The RCST receives assistance from both the Taos County Lodger's Tax as well as the Costilla County Lodger's Tax. There are B&B's throughout the Tour for those who would like to enjoy the weekend fully by staying the night. See riocostillaart.com for a list of artists and more information on lodging.

21st ANNUAL RIO COSTILLA STUDIO TOUR

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Red River Artist, Mary F. Miller To Exhibit In Los Alamos

Mary F. Miller, an artist from Red River, will be showing her work at the Mesa Public Library in Los Alamos, New Mexico. The show will include two other artists, Karen Trythall of Alcalde and Los Alamos artist, Gloria Sharp. The exhibit will run from September 4th through September 28th with the

opening reception held on Saturday, September 7th from 2pm to 4pm. All are welcome. The Mesa Public Library Gallery is a non-profit organization. Mary F. Miller is native to Red River, NM and can be reached at maryfmiller@whimsymine.com. Check out her website at www.whimsymine.com.



Photo by Lou McCall

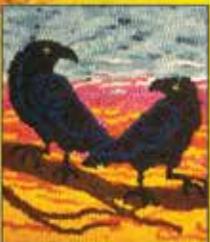
Mary F. Miller, shown with her paintings during the Questa Studio Arts Tour at the Questa Youth Center.

RIO COSTILLA

SEPT. 7 & 8, 2019 | 10AM-5PM










IMAGINE

STUDIO TOUR

21st Annual



RioCostillaArt.com

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MICHAEL'S MOVIE MOMENTS

REVIEWS OF THE YEAR'S
OSCAR-NOMINATED MOVIES
AVAILABLE FOR RENT OR STREAMING

By MICHAEL YOUNG

SEPTEMBER MOVIE REVIEW:
VICE



Your reaction to *Vice* will depend on your politics. If you are a conservative who supported the Bush-Cheney Republicans, then this movie will feed your beliefs that Hollywood is out in left field and doesn't understand the threats the country faces that require a strong, forceful, executive response. And I doubt that you will find anything in this movie to enjoy, in fact, it is likely to enrage you and stoke your animosity towards 'libtards'.

If you are a libtard, like me, then you will probably howl with delight as the movie makes no compromises in painting Dick Cheney as a power-hungry deviant who personally and politically dominated President Bush, controlling the levers of power as they have never been manipulated before. It paints his character in ways that are often funny, creating a movie that is somewhere between a farce, a comedy, and an American tragedy of immense proportions. Liberals will love this movie and wonder why it didn't do better at the Academy Awards.

Vice did show promise there, coming in third in last year's Oscar race with eight nominations, six of them 'above the line.' Adam McKay was nominated both for directing and for original screenplay—the successes, and failures, of the movie belong mostly to him. In *The Big Short*, where McKay won the adapted screenplay Oscar, he proved that he could take a complex topic (the 2008 financial crisis) and 'explain' what happened, making a mockery of those who, trying to satisfy their own greed, sent the country spinning into the worst economic crisis since the Great Depression.

Unfortunately, I can't say that *Vice* stands up to the same treatment. A number of professional reviewers have argued that *Vice* is a shallow movie. While it has some intriguing and very clever moments (like the premature 'end of the movie' credits or the 'out-of-the-blue' Shakespeare scene) the end result of this movie is substantially 'nothing new'—no new revealing

information or perspective about Cheney. All the horrors that roll off his tongue or emanate as policy from his office are well known to us liberals and we aren't exposed to anything to challenge our assumptions or even to stretch them. As Brian Tallerico of Rogerebert.com put it "(Cheney's) legacy doesn't deserve something as toothless as *Vice*."

These failures aren't the fault of Christian Bale, the talented actor who portrays Cheney, he was nominated for leading actor. Bale put on 45 pounds to play this role and spent hours each day in the makeup chair to look like Cheney at several ages in his life. You can't fault Bale's portrayal of Cheney—'inspired by Satan'—he gives a very credible performance. Towards the end of the movie, he leans in to the camera (us), and in a speech that will rouse Cheney's admirers and inflame his critics, Bale delivers Cheney's justification for his ends-justifies-means behavior.

The only Oscar *Vice* won, out of eight nominations, was in the makeup and hairstyling category. In this movie, as well as in *Benjamin Button*, Greg Cannom displays an uncanny ability to modify an actor's face to express both a younger and an older version of himself. Indeed, it is difficult to recognize Bale behind his Cheney makeup.

One section of the movie is an extended riff on Shakespeare where the Cheney couple, in bed reading, engage in a farcical rendering of Shakespearean lines. Although comical, the diversion is exactly what is wrong with this movie. We might chuckle a bit, but when the scene is over, we are left wondering just what that was supposed to tell us about this powerful couple.

Vice is about a man and his relationship to power, a theme that has been well explored. This movie, though, doesn't expand our understanding, it just painfully punctuates our knowledge of a man we already understand as evil. The movie can't do justice to its subject. As Tallerico says *Vice* is "full of sound and fury, signifying nothing."

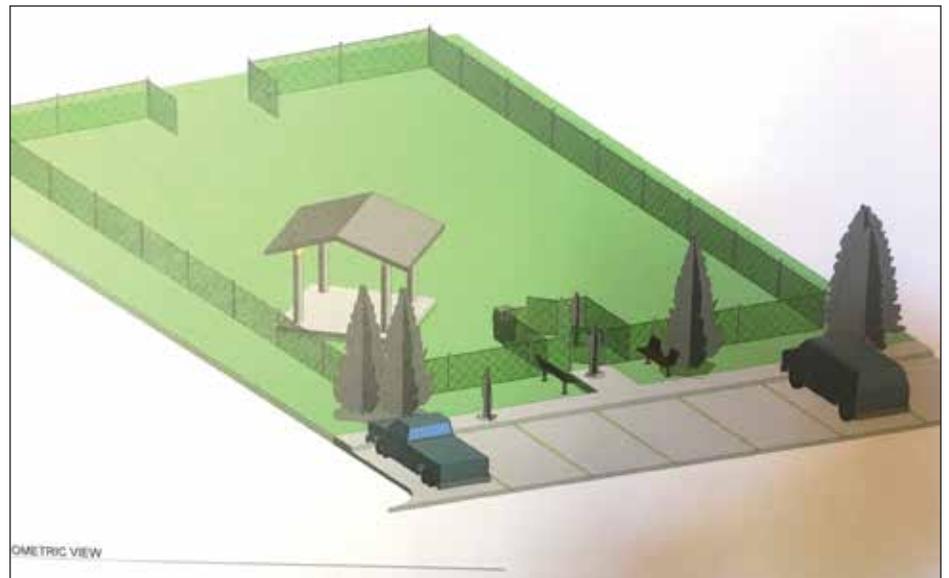
Although I laughed at times and enjoyed poking fun at a man I despise, I can't give *Vice*, as a movie, more than 3.5 stars.

Wags & Wine Fundraiser for the Bark Park!

By APRIL RALPH,
RED RIVER DIRECTOR
OF TOURISM

Bring your BFF (Best Furry Friend) to Brandenburg Park in Red River on Saturday, September 14th from 10am to 5pm for the Wags and Wine Bark Park Fundraising Event. Friendly dogs (on leashes) and their 2-legged sponsors will be treated to great local libations furnished by local wineries, distilleries, and breweries. The park will be filled with vendors for both dogs and humans, dog games, a costume and look-alike contest, doggie and people ice cream, groomers, therapy

dogs, a dog psychic, a silent auction, and live music from the Highway 38 Hound Dogs. Those are just a paw-full of things happening at this wag-a-palooza. All proceeds from the event will support and grow the Red River Bark Park located on High Street in downtown Red River. The event is free to pets and their owners, but we invite you to purchase a wine glass to use for tasting all the delicious offerings. For more information about the event, sponsorships, vendors, the silent auction or donations please email Diane Hughes at dbhughes44@gmail.com.



Explore “Universal Elements” at NeoRio 2019

By CLAIRE COTÉ

IN CELEBRATION OF THE 150TH ANNIVERSARY OF THE PERIODIC TABLE

NeoRio offers thought-provoking art installations on the rim of the Rio Grande gorge, along with a farm-to-table feast, music, and artist talks at sunset. The outdoor contemporary art and community event provides the opportunity to discover the sublime Wild Rivers area of the Rio Grande del Norte National Monument or to experience it in new ways. Now in its 11th year, this event promises a unique experience every time. NeoRio 2019 will take place at Montoso Campground at the Wild Rivers Recreation Area on Saturday, September 21, from 4 to 9 pm.

Each year, NeoRio features a different theme. This year's theme is “Universal Elements” and coincides with The United Nations’ “International Year of the Periodic Table of Elements” and the 150th anniversary of the discovery of the Periodic System by Dmitry Mendeleev in 1869. Works and activities at the event tie into this theme through creative interpretation by visual and performing artists and contributors. The theme encourages science-based and philosophical perspectives. It is an invitation to get curious and embrace Universal Elements in our everyday life, marvel that we are truly “made of stardust”, appreciate the genius of the periodic system, and explore perspectives of Universal Elements through wisdom traditions. The event will host featured artists, Cynthia Moku (Boulder, CO), Sarah Parker (Questa area local), Laurianne Fiorentino (Santa Fe) and additional local and regional projects.

During the first part of the afternoon, guests are invited to participate in Moku's contemplative “One Continuous Gesture” performance; contribute to Parker's project “Elements of Community” which is part periodic table-inspired scavenger hunt and part collaborative artwork. Don't miss LEAP's family-friendly, hands-on, activities of the “Intersecting Art and Science Elements Education Program.” The Questa Stories project will also be onsite collecting stories from people about Wild Rivers with StoryBox tools. The Elemental Concert by Featured Artist Lauria will begin at 5 pm.

Music from Mark Dudrow and Justin Dean will usher in the evening festivities at 6 pm. Enjoy a locally-sourced, Northern New Mexican Fall Feast from

NeoRio 2019: Universal Elements

Where: Montoso Campground, Wild Rivers, Rio Grande del Norte National Monument

When: Saturday, September 21, 4 - 9 pm

Price: Free and open to all. Donations appreciated. Camping \$7/night. Shuttle: \$25-Taos, \$20-Hondo, \$15-Questa Round Trip/Per Person by reservation (online at LEAPsite.org or 575-224-9066)

More Info: www.LeapSite.org
emailforleap@gmail.com (575) 224-9066

NeoRio 2019 Schedule, Montoso Campground, Wild Rivers:

4:00 pm: Art Installations and Activities (including Moku's “Once Continuous Gesture” performance)

5:00 pm: Elemental Concert by Featured Artist, Laurianne Fiorentino

6:00 pm: Farm-to-Table Feast and Music by Justin Dean and Mark Dudrow

7:00 pm: Artist Talks by NeoRio Featured Artists

8:00 pm: Campfire

the Questa Farmers Market growers, cooks and bakers. The Feast is coordinated by Questa Farmers Market manager, Gaea McGahee and contributors to the feast will be familiar to those who have visited the market. At dusk, on the heels of dinner, portable solar power provided by PPC Solar will enable NeoRio featured artists to offer short, informative, illustrated talks.

NeoRio is a BLM National Public Lands Day event and embraces the no trace ethic and its seven principles. The event is organized by LEAP (Land, Experience and Art of Place, a program of Localogy) in partnership with Questa Creative Council, Bureau of Land Management's Taos Field Office and others.

Please carpool if you can; parking is limited. Or take the NeoRio shuttle (\$25-Taos, \$20-Hondo, \$15-Questa round trip, per person, by reservation online at LEAPsite.org or 575-224-9066). Get the shuttle in downtown Taos, Hondo or Questa and ride care-free to enjoy NeoRio for the afternoon and evening and then be delivered back to your car.

This is a free event; donations are much appreciated. NeoRio is made possible by individual donations, local business and media sponsorships as well as generous grant support. This project is supported in part by New Mexico Arts, a division of the Department of Cultural Affairs, and by the National Endowment for the Arts with additional thanks also to grants from Taos County, Chevron Questa Mine Grants for Good, and Questa Economic Development Fund and sponsorships



Photo by Nicholette Coddling

Salon at NeoRio2018.



Courtesy of Cynthia Moku

One Continuous Gesture brushstroke, Dairy Center for the Arts, Boulder CO 2018, ©cynthia.moku

from PPC Solar, Zia Event Design, North Star Toys, Questa Credit Union, Centinel Bank, Cid's Market, Taos News, Beyond Taos, Questa Farmers Market, Walking

Bear Farm, Cerro Vista Farm, and others.

Find out more about NeoRio - the event, artists and activities at www.LeapSite.org or call Claire at 575-224-9066.

Carson National Forest Seeks Public Comments

By DENISE OTTAVIANO

The Carson National Forest (CNF) published its draft revised land management plan and draft environmental impact statement (DEIS) in the Federal Register on August 9th, initiating the formal 90-day public comment period which ends November 7th.

The draft plan outlines the strategic management of 1.5 million acres of national forest land across four counties in northern New Mexico for the next 10 to 15 years. It reflects changes in economic, social, and ecological conditions since the current plan was approved in 1986. It also reflects input from elected officials, tribes, land grants, community members, and many others.

"The revised plan recognizes the deep connection that our northern NM communities have to the Carson Na-

tional Forest," Forest Supervisor James Duran said. "I look forward to working together with our partners in the shared stewardship of restoring the health of our forests and watersheds for the economic and ecological health of our communities."

The draft plan is built on a foundation of best available science that emphasizes multiple uses supported by healthy ecosystems. It recognizes the necessity of partnerships to accomplish restoration across administrative boundaries at landscape-scales and meeting shared goals. It mitigates wildfire risk, improves access, protects wildlife habitat and preserves the special characteristics of wilderness, roadless areas and wild and scenic rivers.

The CNF worked closely with the neighboring Cibola and Santa Fe National Forests to develop consistent plan

components that recognize traditional uses and better serve tribes, community land grants, acequias and subsistence-based rural communities.

The CNF is hosting 15 public meetings across the forest to share the draft plan and DEIS and provide opportunities for comment. Maps and other planning materials will be available for review and planning team members will be present to answer questions. The public meeting schedule for our readership area is:

- Red River, NM – Sept. 3, 5:00-7:00, Red River Convention Center
- Questa, NM – Sept. 11, 1:00-3:00, Questa Ranger District Office
- Taos, NM – Sept. 17, 4:00-7:00, Sagebrush Inn (a facilitated, topic driven workshop)

Written and electronic comments will be accepted during the formal comment period for the CNF from Aug. 9 through Nov. 7, 2019. Project documents and instructions on how to comment are available at www.fs.usda.gov/goto/carsonforestplan. Hard copies will be available at all CNF offices and the following area libraries:

- Taos Library, 402 Camino De La Placita, Taos
- Red River Library, 702 E. Main, Red River
- Questa Library, 6 1/2 Municipal Park Road, Questa

*Denise Ottaviano, Public Affairs Officer
Carson National Forest
p: 575-758-6303 c: 505-219-5784
denise.ottaviano@usda.gov*

Make an ornament that will be seen in DC

On Sunday, Aug. 11, the Carson National Forest hosted an ornament making workshop at the Questa farmers market for the U.S. Capitol Christmas Tree. The tree, a 60-foot blue spruce, will come from the Questa Ranger District of the Carson National Forest this year. The ornament making event was a huge success and community members of all ages showed up to add their personal touch to the tree that will adorn the West Lawn of the U.S. Capitol building in December.

The forest will be having another ornament making workshop at the Questa Farmers Market on September 1st from 10:00 am. to 2:00 pm. Help the Carson National Forest create 10,000 Christmas ornaments to decorate the U.S. Capitol Christmas Tree and 55 companion trees destined for our nation's capital! Ornament making materials will be provided. To find out more about the 2019 U.S. Capitol Christmas Tree, or to register your own ornament making event, visit: www.uscapitolchristmastree.com.



Photo by Ivan Knudsen

Members of the community make Christmas Tree Ornaments for the Capital Christmas Tree at the Questa Farmers Market. The Carson National Forest will host another workshop on September 1st at the Farmers Market, from 10am to 2pm.

This is OUR Community Paper ADVERTISE HERE!

CALL OR EMAIL US FOR RATES! 575.425.5318 or DelRioColoradoADs@gmail.com

Taos Ski Valley Foundation Commits to Water Fund

BY TRACEY STONE

The Taos Ski Valley Foundation's support of The Nature Conservancy-led Rio Grande Water Fund has helped the huge collaborative effort increase its annual acres restored to 33,000 from a mere 3,000 in 2014! More than 80 diverse stakeholders now support the Water Fund, designed to restore 600,000 acres of at-risk forests and secure water for 1 million people from Taos to Albuquerque over the course of 20 years.

Water is essential for life and our livelihoods. Nowhere is that truer than in New Mexico. However, the harsh reality is more frequent and severe wildfires with subsequent flooding degrade our rivers, streams and other critical water sources. Without action, New Mexico's

future water supply is at risk.

"The Rio Grande Water Fund has ambitious goals to improve forest health, bolster local economies and improve New Mexico's water supply," says Louis Bacon, owner of Taos Ski Valley and founder of Taos Ski Valley Foundation. "We commend The Nature Conservancy New Mexico, and all Water Fund public and private partners on their collaboration to address very tough conservation challenges. Our up-stream natural resources are essential to the quality of life of communities downstream and beyond."

Forest restoration – removing trees and burning dry vegetation on-the-ground that serve as fuel – makes them safer and healthier. "We're grateful to Taos Ski Valley Foundation for its gen-

erous support since 2015. Contributions have helped us complete a wide range of activities from planning and coordination to science and controlled burns," adds Terry Sullivan, the Nature Conservancy in New Mexico's state director.

The Taos Ski Valley Foundation supports conservation nonprofits that focus on protecting threatened landscapes, habitats, wildlife, and waterways. Renewed support from the Foundation translates into on-the-ground projects including forest thinning and meadow restoration as well as forestry workforce training. Additionally, funds will engage local communities in local fire planning and response. Equitable partnerships are important to effective solutions and lasting change. With 80 signatories, an increasing number of people see the

value in restoring our forests in the face of climate change.

About the Nature Conservancy New Mexico
The Nature Conservancy has been working in New Mexico for almost four decades. During this time, they have permanently protected 1.5 million acres, secured voluntary land conservation easements on more than half a million acres, and improved land and water management on an additional 18 million acres.

About the Taos Ski Valley Foundation
The Taos Ski Valley Foundation, an affiliate of The Moore Charitable Foundation, founded by Louis Bacon in 1992, supports conservation nonprofits that focus on protecting threatened landscapes, habitats, wildlife, and waterways. The Taos Ski Valley Foundation also supports educational and community programs in the region.



El Valle Astronomers setting up their 30 inch telescope at the last Star Party in May of this year.

STAR PARTY! Wild Rivers Visitor Center Friday, September, 27th, 7:00 PM

Isn't it an awe-inspiring experience to look up at the stars? Here at Wild Rivers we have some of the best 'night skies' in the country. Lee Mesibov, Colin Nichols, and El Valle Astronomers will bring their big telescopes and through their knowledge of the stars, will focus in on galaxies, star clusters, and perhaps a planet or two. Dress warmly and have a red filter on your flashlight. Telescopes will be set up in the Wild Rivers Visitor Center parking lot.

Second Annual Video Prism Festival With John Wenger Saturday, September 28th, 7:00 PM, Wild Rivers Amphitheater

John Wenger is a living legend in the Wild Rivers area. As an art professor, he has been coming here with UNM Land Art students for almost 40 years. In retirement, John has embraced the art of video filming and production. He will host the film festival with cutting-edge video artists from New Mexico, Colorado, Oklahoma and Texas. Questions? Call the Wild Rivers Visitor Center: 575-586-1150.



Photos by Tim Long

Mural proudly displayed on the north wall in the Wild Rivers Visitor Center. Painted by John Wenger and a group of his students during one of their stays at Wild Rivers in 2002.

Brown Trout: Friends from Far Away



BY TONER MITCHELL

In northern New Mexico, we love our German brown trout. They embody many of the traits we Americans admire most: they are intelligent, confident, adaptable, ambitious, and even if none of that were true, browns would still go a long way on their rugged good looks.

Many people don't know that brown trout are not native to the Questa area, or even New Mexico. The fish isn't even native to North America. Brown trout were first brought to this continent in 1883 from sources in Germany and Scotland. These imported fish helped create hatcheries in New York state and Michigan, which, along with newly built rainbow trout hatcheries, seeded the waters of the United States (and the rest of the world), with these two primary trout species. In some cases, browns were introduced after a stream or lake's native fish were deliberately extirpated for the purpose of sportfishing for browns.

In others, browns were stocked after a fishery became so degraded by pollution, land use, or overfishing that its native fish could not survive. The brown trout's capacity to withstand less than ideal conditions has allowed it to thrive, no doubt accounting for much of its status and reputation.

New Mexico boasts several superior brown trout fisheries. The Chama

is the best, in my opinion, although the Rio Grande gorge and lower Red River would be its match if not for their uniquely awesome rainbow trout fishing. Other notable brown trout fisheries include the Guadalupe River in the southern Jemez, the Rio Vallecitos and Rio Embudo. For a creek of such small size, San Antonio Creek in the Valles Caldera harbors some truly enormous specimens.

For some reason, it's fun to think about the variety and size of food items brown trout will cram into their mouths. Browns will smack an oversized Rapala or Panther Martin spinner, and a legend from Pecos tells of a 7 pounder being caught on a rolled-up slice of bacon. I've heard of them taking down garter snakes and ducklings, and one credible story of a dissected brown containing not one, but two baby beavers! Not only was one not enough, but the fish was actually hunting the beavers, unbelievable!

Last year I caught a 6-inch long brown on a 2-inch long fly. I found it amazing that a fish so small could swallow something so big, especially while already gagging on a smaller brown trout it had killed before eating my fly.

All these tales of gluttony remind me of why the brown trout remains one of my favorite fish. They also serve as cautionary reminders that, if left to their own instincts and skills, brown trout can



Photos by Toner Mitchell

(Top Right) Brown Trout Cannibal, caught and gutted with another trout in its belly.
(Bottom Right) Is it a Brown Trout or a Crocodile?
(Top Left) Fisherman Gus Gallinas with the Catch of the Day.

decimate native fisheries. Many such places are in northern New Mexico, where attracting visitors to unique recreational assets is a viable strategy for boosting economic activity.

The Rios Chiquito and Santa Barbara, home to the Rio Grande cutthroat trout found nowhere on earth outside the Rio Grande watershed, are becoming brown trout streams. Columbine Creek, with its own turquoise-hued form of cutthroat, is seeing these fish become scarcer and scarcer as browns become more common each year. Browns are outcompeting cutthroats for food, space, and breeding grounds, at least the cutthroats they aren't just eating outright.

Fisherpeople who appreciate the

gravity of this situation – having New Mexico's native, even culturally unique fishing resources become just like everywhere else in America – are trying to reverse this trend by harvesting brown trout and releasing cutthroats in streams where they occur together (Chiquito, Hondo, Cabresto, Columbine, Santa Barbara, and others).

Meanwhile, in the depths of the Rio Grande gorge, there are browns that look more like alligators than trout. That's where I like to see them. Up in a creek where a trout species has lived for longer than New Mexico has been New Mexico, for longer than Questa has been Questa? Not so much.

Celebrate National Public Lands Day

By MICHAEL GATLIN

The Carson National Forest, New Mexico Department of Game and Fish, Trout Unlimited, the Town of Taos, the Village of Questa, and local businesses will be hosting a National Public Lands Day (NPLD) event at Eagle Rock Lake in Questa on September 21st from 9 am to noon. The event will also include the Annual Fish Fiesta and the 2019 U.S. Capitol Christmas Tree celebration. As part of the NPLD celebration, there will be an opportunity for volunteers to help clean up trash and maintain the trails and facilities around the lake. Volunteers are asked to bring water, hats, sunscreen, and gloves. Registration for volunteers will be held at the lake parking lot at 8:45 a.m.

The Questa Ranger District of the Carson National Forest has the honor of providing the 2019 U.S. Capitol Christmas Tree that will be displayed on the West Lawn of the U.S. Capitol building in Washington, D.C. Help us celebrate Christmas in September and get your



Photo by Denise Ottaviano

Eagle Rock Lake, Between Questa and Red River on Highway 38.

picture taken with Santa and make an ornament to be displayed on the US Capitol Christmas Tree for the whole nation to see!

There will also be opportunities to learn about fish and wildlife, fly fishing, outdoor ethics, how to shoot a bow, and become a Junior Ranger. Be sure to do

some fishing while you're there, too. Individuals lucky enough to catch a tagged fish during the event will win a prize! Children under the age of 11 do not need a fishing license. All other fishing regulations apply. Loaner fishing poles are available for kids who need them.

National Public Lands Day is the nation's largest, single-day volunteer effort for public lands. More than 175,000 volunteers and visitors celebrate the event at more than 2,000 public land sites in all 50 states. Federal agencies as well as nonprofit organizations, state and local governments, and area businesses participate in the annual day of caring for public lands.

It's a great opportunity to meet your public land stewards, celebrate our selection of the 2019 U.S. Capitol Christmas Tree, and help take care of our precious natural resources. Enjoy yourself with food, fun, and environmental education at Eagle Rock Lake on September 21st. So, come lend a hand, they're your public lands!

**QUESTA INDEPENDENT SCHOOL DISTRICT
POSITION #1**

VOTE
A New Voice for Our Kids
JUAN CISNEROS
**Tuesday
November 5**



QUESTA LADYCATS VOLLEYBALL • SCHEDULE 2019					
SFIS Scrimmage	Aug 24	Sat	Away	TBA	JV/V
McCurdy	Aug 27	Tues	Away	4:00 PM	JV/V Depart 1pm
Des Moines	Aug 30	Fri	Away	4:00 PM	JV/V Depart 12:30pm
McCurdy	Sept 5	Thurs	Home	4:00 PM	JV/V
Cimarron	Sept 9	Mon	Home	4:30 PM	JV/V
Cimarron Tourney	Sept 13-14	Fri/Sat	Away	TBA	V
Dulce	Sept 17	Tues	Away	5:00 PM	JV/V Depart 1:30pm
Antonito	Sept 24	Tues	Home	5:00 PM	JV/V
Mesa Vista	Sept 25	Weds	Home	5:00 PM	JV/V
Coronado	Oct 1	Tues	Home	5:00 PM	JV/V
Escalante	Oct 8	Tues	Home	5:00 PM	JV/V
Peñasco	Oct 10	Thurs	Away	5:00 PM	JV/V Depart 2:30pm
Mora	Oct 15	Tues	Home	5:30 PM	JV/V
Coronado	Oct 17	Thurs	Away	5:00 PM	JV/V Depart 1:30pm
Mesa Vista	Oct 22	Tues	Away	5:00 PM	JV/V Depart 2:45pm
Escalante	Oct 25	Fri	Away	5:00 PM	JV/V Depart 1:45pm
Peñasco	Oct 29	Tues	Home	5:00 PM	JV/V
Mora	Nov 1	Fri	Away	5:30 PM	JV/V Depart 3:00pm

QUESTA WILDCATS SOCCER • SCHEDULE 2019				
Alumni Game	Aug 24	Sat	Home	7:00 PM
St Mike's JV	Aug 29	Thurs	Home	4:00 PM
Santa Fe Prep JV	Sept 10	Tues	Away	5:30 PM
Oak Grove Tournament (3 games)	Sept 13-14	Fri - Sat	Away	TBA
Tierra Encantada	Sept 17	Tues	Away	4:00 PM
Rehoboth	Sept 20	Fri	Home	3:30 PM
Moreno Valley	Sept 26	Thurs	Away	4:30 PM
Tierra Encantada	Sept 30	Mon	Home	4:00 PM
Desert Academy	Oct 3	Thurs	Home	4:00 PM
Santa Fe Prep JV	Oct 5	Sat	Home	11:00 AM
West Las Vegas	Oct 8	Tues	Away	4:00 PM
Rehoboth	Oct 10	Thurs	Away	3:00 PM
West Las Vegas	Oct 15	Tues	Home	4:00 PM
Desert Academy	Oct 17	Thurs	Away	4:00 PM
Monte del Sol	Oct 19	Sat	Away	1:00 PM
Moreno Valley	Oct 21	Mon	Home	4:30 PM
Monte del Sol	Oct 24	Thurs	Home	4:30 PM



By MICHAEL P. LOVATO

The Questa Schools' faculty and staff were welcomed back with a full schedule of training and a warm welcome by Board Members Matt Ortega and Daryl Ortega as they cooked lunch for the entire staff. The Questa Independent School District is implementing some big educational ideas this fall in its schools and in every classroom.

Superintendent Michael Lovato begins his second school year aiming to substantially increase student achievement by transforming how classroom instruction looks and sounds. The results, he says, will put Questa teachers and students in the forefront of educational innovation. "We know that we live in a world where our students' ability to clearly explain their academic skills and knowledge is vital to their future opportunities," says Lovato, a veteran educator with experience in large districts and as a state-level consultant. "Our relatively small size as a district, together with the cohesiveness of our new site principals and this year's teaching staff, will allow us to get lots of new ideas into classrooms that will immediately benefit students."

In addition to a new math program that focuses on problem solving and application, the implementation of AVID as a framework for all instruction district wide ensures consistency of quality instruction across every classroom. "A big part of how instruction will be improved comes from fundamentally changing the way our teachers are trained and supported in their efforts to implement these new ideas and approaches," says Cathy Gallegos, the new principal at Questa High School.

"In past years teachers were left to figure out how to implement new curriculum with little support or guidance. As a result, student achievement varied widely from classroom to classroom," Lovato explains. "We're moving to a performance-based model of in-class teacher development that is built on shared responsibility and accountability between our teachers, trainers and administrators."

Much like athletes, musicians and other professions, people want and need assistance and feedback immediately. By utilizing professional instructional coaches that focus on helping teachers more effectively utilize the curriculum and resources already available in Questa schools, Lovato has seen that the implementation rate for improvement speeds up dramatically. "I'm excited by seeing teachers excited about learning new approaches and behaviors," says Carla Archuleta, the new Alta Vista principal. "And when teachers get excited, we can accelerate student learning."

QUESTA WILDCATS FOOTBALL • SCHEDULE 2019				
Escalante	Sept 7	Sat	Home	1:00 PM
Laguna Acoma	Sept 14	Sat	Home	2:00 PM
Centauri Co.	Sept 21	Sat	Away	1:30 PM
Cuba (Homecoming)	Sept 28	Sat	Home	7:00 PM
Bloomfield	Oct 3	Thur	Home	5:00 PM
Taos JV	Oct 12	Sat	Away	2:00 PM

QUESTA HIGH SCHOOL HOMECOMING FESTIVITIES!

- Soccer Game - Wildcats vs Rehoboth - Sept. 20 at 7:00 pm
- Volleyball Game - Wildcats vs Mesa Vista - Sept. 25 at 5:00 pm
- Homecoming Parade - Sept. 28 at 10:00 am
- Homecoming Football Game - Questa vs Cuba - Sept. 28 at 7:00 pm

Homecoming activities include a bonfire, pep rally, spirit days, painting the Q, and others. We hope to have a great community presence!



Photo by Brandon Gonzales

QHS Cheerleaders with their UCA instructors at summer camp. For more information, see front page story.

Costilla-Amalia Community School Facing Tough Road Ahead

By SARA MARTINEZ

If you have ever walked down the halls of Rio Costilla Southwest Learning Academy (RCSLA) in Costilla, you knew you were in a different type of learning environment. It may be the smallest school in the Questa Independent School District (QISD), but even newcomers instantly felt a sense of family and community. In recent years, Rio Costilla students have performed well on standardized tests and were improving more and more each year. Small class sizes, strong community ties, parental involvement, and phenomenal staff and teachers have made RCSLA what it is today.

Not only did students learn from teachers who placed high value on afterschool tutoring and a commitment to improving scores, they had caring staff and an amazing Parent-Teacher Association, the only one in the Questa School District. They made sure the school ran well. Thanks in part to Megan Jenkins, who regularly recruited and enrolled students from all areas of Costilla, Amalia, and Southern Colorado, Rio Costilla had been able to maintain decent numbers for being such a small school. The active Parent-Teacher Association made sure that if they could offset some of the costs associated in the education of students at Rio Costilla, they made it happen. They raised funds for field trips, supplies, uniforms, ski trips, and positive incentives. Math, science, and literacy nights and so many other school functions involved bountiful pot-luck dinners. Despite its success in the past few years QISD has wanted to close the school, mainly for financial reasons.

At the request of Superintendent Michael Lovato, DC Environmental was hired to conduct an air quality assessment as well as other health and sanitation tests at RCSLA on July 26th. After many findings, QISD School Board gave public notice of the special board meeting set for Monday, July 29th. The meeting's first agenda item was to act on Superintendent Lovato's recommendations to relocate students to Alta Vista Elementary in Questa. Parents and community members showed up ready to fight for their school, as they have done every time when the topic shows up on the agenda. After a long evening



Photo by Sara Martinez

The closed gates at Rio Costilla Southwest Learning Academy (RCSLA) in Costilla.

of discussion about the health and safety of students, the decision was postponed for the next board meeting.

At that same July 29th meeting, a group of parents and community members offered to work with the district to determine how much the repairs would cost, develop a timeline to make the repairs, as well as figure out how to pay for it. The group is made up of community members with expertise in many fields, especially construction, so they are sure to find a way to make the necessary changes, if given the chance.

At the school board meeting on August 6th, Superintendent Lovato made the decision to temporarily relocate students and staff to Alta Vista. The key results of the findings were reviewed during the meeting and can be found on the QISD website along with the full report from DC Environmental, <https://qisd-nm.schoolloop.com/> The summary on the QISD website states that "Some of the major recommendations include: isolation of the Old School Building from the Gymnasium; Professional evaluation of mechanical systems including sewer piping and air ventilation requirements; Structural engineering evalua-

tion of the Old School Building and the impact to the Gymnasium; and Ensuring the integrity of the eaves /roofing system of the Gymnasium."

Superintendent Lovato stressed that the remedies would not be a couple thousand dollars but would require several hundreds of thousands of dollars. In March 2016, the original school building in Costilla was demolished due to asbestos and similar issues which cost the district, \$110,159.98. While parents, students, and staff were devastated at the thought of having to relocate, they understood that after all the findings of the report and evidence of the major structural issues of the school's gym that the safety of students comes first.

Unfortunately, many of the students who were enrolled at Rio Costilla have transferred to other school districts. The handful that have remained said they had a good first week of school, even though the littlest ones arrived exhausted after the long bus ride. It's hard making big changes quickly, but Rio Costilla parents know that their students have a strong character and plenty of resiliency to rely on. The teachers and staff who remain in the District have assured Rio

Costilla students and parents that they will do their best to continue to give students a great education.

The closing of the community school in Costilla is a huge loss, even if temporary. Many of the positive outlets for youth in the community revolve around school events. Community events organized by the Parent-Teacher Association took place about every three months for major holidays and events like La Cosecha, as well as pot-luck dinners for every school event. The Rio Costilla PTA remains committed to providing students with many of the same events in the community while the school is closed. While the question about the timeline for repairs and getting students back to the school is still up in the air, there is no doubt the community will rally to make sure this loss isn't a permanent one but it's not going to be easy. We saw the way that the community rallied to rebuild St. Anthony's Church in Questa and the people of Costilla can do the same and rally to bring their community school up to standards.

ODA AL TOMATE

PABLO NARUDA

*La calle
se llenó de tomates,
mediodía,
verano,
la luz
se parte
en dos
mitades
de tomate,
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el jugo.
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el tomate,
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las mantequilleras,
los saleros azules.
Tiene*

*luz propia,
majestad benigna.
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es una roja
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un sol
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de Chile,
se casa alegremente
con la clara cebolla,
y para celebrarlo
se deja
caer
aceite,
hijo
esencial del olivo,
sobre sus hemisferios
entreabiertos,
agrega
la pimienta
su fragancia,
la sal su magnetismo:
son las bodas
del día,*

*el perejil
levanta
banderines,
las papas
hierven vigorosamente,
el asado
golpea
con su aroma
en la puerta,
es hora!
vamos!
y sobre
la mesa, en la cintura
del verano,
el tomate,
astro de tierra,
estrella
repetida
y fecunda,
nos muestra
sus circunvoluciones,
sus canales,
la insigne plenitud
y la abundancia
sin hueso,
sin coraza,
sin escamas ni espinas,
nos entrega
el regalo
de su color fogoso
y la totalidad de su
frescura*

ODE TO TOMATOES

*The street
filled with tomatoes
midday,
summer,
light is
halved
like
a
tomato,
its juice
runs
through the streets.
In December,
unabated,
the tomato
invades
the kitchen,
it enters at lunchtime,
takes
its ease
on countertops,
among glasses,
butter dishes,
blue saltcellars.
It sheds
its own light,
benign majesty.
Unfortunately, we must
murder it:*

*the knife
sinks
into living flesh,
red
viscera,
a cool
sun,
profound,
inexhaustible,
populates the salads
of Chile,
happily, it is wed
to the clear onion,
and to celebrate the
union
we
pour
oil,
essential
child of the olive,
onto its halved hemi-
spheres,
pepper
adds
its fragrance,
salt, its magnetism;
it is the wedding
of the day,
parsley
hoists
its flag,
potatoes*

*bubble vigorously,
the aroma
of the roast
knocks
at the door,
it's time!
come on!
and, on
the table, at the mid-
point
of summer,
the tomato,
star of earth,
recurrent
and fertile
star,
displays
its convolutions,
its canals,
its remarkable ampli-
tude
and abundance,
no pit,
no husk,
no leaves or thorns,
the tomato offers
its gift
of fiery color
and cool completeness.*



Did Someone Say Books are Obsolete?

By SHARON NICHOLSON,
QUESTA LIBRARY DIRECTOR

Your Questa Public Library has books. Many books. A book, by dictionary definition, is “a written or printed work consisting of pages glued or sewn together along one side and bound in a cover.” We have so many books. Big books, little books, old books, new books. There are books for old folks, books for babies, and books for every-

one in between. Then there are mystery books, romance books, cook books, craft books, graphic novels, Southwest books, historical novels...you get the picture!

For years there has been talk of printed books becoming obsolete as more people read books on computers, tablets, and smart phones. Your library has 7434 printed books. We know that the 6251 of you who visited the library from July 1, 2018 to June 30, 2019, checked out 2206 books and 2761 audiobooks and DVDs.

Printed books live on! Because our modest building doesn't hold every title available, we borrowed 152 books from other libraries for you to read. Those with electronic capabilities checked out 406 books and audiobooks from NM Library to Go. These are big numbers for a library with 1684 cards issued. **QUESTA READS!**

Do you like statistics? Here are a few more. There were 35 children's events and 979 children attended. Adults en-

joyed 72 events with attendance at those events totaling 261. Are you a computer user? We have 8 public computers that were used 1366 times and there were 1536 Wi-Fi uses. Finally, we were open 1478 hours to provide library services for you.

Oh...by the way, there are 401 overdue books out there. Do you have any of them? If so, PLEASE, PLEASE, PLEASE bring them back!

Fun Fridays to Begin in October

By MARGARET LEJUSTE,
FRIENDS OF THE
QUESTA PUBLIC LIBRARY

It's back to school time for our students. Beginning in October, the Questa Public Library will offer Fun Fridays from 1-3PM on those afternoons when there are no classes at Alta Vista Elementary/Intermediate School. It is not

necessary to be a student from Alta Vista to attend Fun Fridays. All elementary aged children and home-schooled kids are invited to join the fun.

Questa librarian, Sharon Nicholson, created the STEAM (Science, Technology, Engineering, Arts and Math) based program specifically to meet the needs of children free on Fridays. This year, in

addition to focusing on STEAM initiatives, the program will include a writing project to encourage children to write and tell their stories. The national initiatives of *Manitos* and *Story Box* to collect culturally fragile stories from both long-time residents and new residents will be utilized.

Local artist Peggy Trigg will be

on hand once again to lead her popular art sessions!

Because these are public library events, there is no charge for anyone who attends. Fun Fridays are made possible with funding from the Friends of the Questa Public Library. For further information, contact the Questa Public Library at 575-586-2023.



SEPTEMBER EVENTS AT QUESTA LIBRARY

Your librarian and staff of volunteers are spending this month planning and getting ready for fun, exciting events for our kids. Explora will be back October 4th and ArtKids is gathering supplies for some challenging fun projects. Be sure to check the Questa Del Rio News October issue for more information.

SEPTEMBER 4 – 2:30-4:30 PM
The Library Advisory Board meets at the library. All are welcome.

Call the library at 575-586-2023 for more information. The agenda for this meeting is available at the library.

SEPTEMBER 10 – 2:30-4:30 PM
Friends of the Questa Public Library meets at the library.

We have exciting projects coming up and we need your participation. Call the library at 575-586-2023 for more information and to confirm the time for this meeting.

SEPTEMBER 19 - 10:30-12:00
Wildcat Kitty Club

Children ages 0-3 are welcome at the Kitty Club meeting. On the agenda are songs, activities, stories, sharing for caregivers and healthy snacks. Join us for some kitty fun that is designed to help your baby learn and grow.

THURSDAYS - DROPPED STITCH
2:30-5:00 PM
Bring your latest project!

Mend those pesky socks! Share your current adventure! No gossip, no judgement, just good fun.

IS THERE SOMETHING YOU WOULD LIKE TO SEE HAPPENING AT THE LIBRARY? BE SURE TO LET US KNOW!

575-586-2023
WWW.QUESTALIBRARY.ORG

THE GREAT INVOCATION (adapted version)

From the point of Light
within the Mind of God
Let light stream forth into
all our minds.
Let Light descend on Earth.

From the point of Love
within the Heart of God
Let love stream forth into
all our hearts.
May Christ return to Earth.

From the center where the Will of
God is known
Let purpose guide all our little wills—
The purpose which the Masters

know and serve.
From the center which we call
the human race
Let the Plan of Love and
Light work out
And may it seal the door where
evil dwells.
Let Light and Love and Power restore
the Plan on Earth.

Please join the worldwide movement
by reciting this daily at 5:00 am, wher-
ever you are around the globe.

*Sponsored by the Lucias Trust
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Evelyn Coggins, One of Many Making a Difference

By DONNA MITCHELL-MONIAK

Drive south on NM 522, and as you are leaving Questa look left. If Evelyn Coggins is home, she is likely in her garage refurbishing and re-purposing furniture. “It’s a hobby,” she said and calls it upscaling. “What does that mean?” I asked. “I might take an old twin head and foot board and turn them into a bench or create a bar out of a bureau.” I tried to imagine the bench, and thought to myself, she says this is her downtime!

Evelyn was born in Questa sixty-nine years ago. She attended high school in Albuquerque and after graduation went to college in Denver. In 1973 Evelyn entered the military, the Army to be exact, with the thought of paying off a student loan and gaining vocational experience. Officer’s training followed, and twenty years later Evelyn retired from military service as a Major.

Once back in Questa, retired and surrounded by the beauty of the Carson National Forest, Evelyn’s service-oriented mind sought out something to do. The Questa City Council came into view. Evelyn served the needs and people of Questa as a council-woman from 2006-2010. “You get to know people,” she said of her tenure. As a council-woman she became aware of the needs of her community, this awareness led her to be the volunteer that she is today.

Evelyn has been involved with the Questa Food Pantry since its beginning. “I’m just a worker,” she said. “All I do is help unload the food truck one day and pass on the food another. Times are hard and people need help.” Evelyn reported that on a recent Friday, the Food Pantry gave out over 140 boxes of food. She, like Robyn Black last month and Chuck Kroon (our choice for October’s Volunteer of the Month) all spoke of the joy of talking with the variety of townspeople who come to the Food Pantry. Like Robyn and Chuck, a genuine humility was in her words and tone of voice.

Evelyn was one of the key figures in restoring St. Anthony’s Catholic Church in Questa. I am new to the area and knew nothing of the history of saving the historic structure from collapse not too long ago. Previous church members landscaped the church grounds beautifully with bushes and flowers, which of course, needed watering. Over time, the water began to erode the adobe walls. When the west wall of the 1800’s church collapsed, the question of restoring or



Photo by Nick Nagawiecki

Evelyn Coggins, Volunteer Extraordinaire, hard at work, as usual.

demolishing the church became a community issue.

The archdiocese did not share the desire to restore the building and wanted to see a new modern structure built. They would not provide funds for such a project, so Evelyn, with other community members, helped organize a non-profit Restoration Committee. Evelyn served as its Vice-President until its Re-consecration as a Catholic Church in 2016. With fundraising, many people helping in many ways and an excellent construction foreman, the church—now deemed an historical building—was restored within five years. “It was our church,” she said, and spoke of how the whole community—not just parishioners—pulled together to save this precious reminder of history and faith along the Questa Historic Trail.

As if Evelyn isn’t involved in enough, she is also a second generation member of the Cerro Questa Friendship Circle. It is a non-denominational group of (currently) about 600 members serving primarily the Cerro-Questa area. Evelyn served as Vice President of the organization for three years. The Circle provides a fresh-cooked meal to the family and friends of a member who has deceased. The Friendship Circle was started 30 or 40 years ago, Evelyn said, and her parents were original members. Back then, an annual \$10 membership in the Circle ensured the members family and

friends would be provided a meal at the local VFW. The food would be prepared on site, the Friendship Circle volunteers do everything from cooking, serving to cleaning up. Family and friends who witness this organization’s service are simply amazed. Like the Food Pantry, it is another success story of the Cerro-Questa Community. I asked if anyone can join. “Oh, yes. The Friendship Circle is non-denominational, and membership is not closed.” Membership is now \$15 annually.

Last but not least, Evelyn is a very active member of the Friends of the Questa Public Library, a non-profit organization whose mission is to support the Library. Evelyn’s joy bubbled as she spoke of what they do for the children and adults of Questa and those who locally use the library. “Recently \$580,000 has been appropriated to expand the library through the efforts of Senator Cisneros,” she said. In addition to that tremendous infusion of needed funds, the Friends of the Library fulfill many roles including being volunteer staff at the library, being involved in youth activities such as the Summer Reading Program and other educational programs. The Friends of the Library organize book and bake sales among other things, to provide funding for needs that grants and other allocations do not provide for. Evelyn is in her fourth year of being president of the Friends of the Library. I commented

that she seemed to end up in leadership roles. “I try not to,” she said. Yes, she commanded a 500-man company in the military but, “Now I just want to step up and do whatever needs doing.”

And step up, she does. When the Questa Del Rio News decided to celebrate its first Birthday Party, Evelyn stepped up and made it happen. She was a catalyst for getting the show on the road. Not only did she and her husband Gary make a trip to Sam’s Club for supplies, she also was the star of the show with her red chile posole!

Ellen Wood, another volunteer at the Food Pantry who also writes for this Paper said, “Evelyn doesn’t just step up to the plate wherever help is needed, she does it with enthusiasm and big smiles and isn’t afraid to get her hands dirty. Whether she’s in a leadership role or helping out behind the scenes at a non-profit, Evelyn’s sunny disposition inspires everyone around her.”

“As long as you enjoy what you are doing, keep doing it!” Evelyn said. Clearly, this applies to Evelyn’s hobby of upscaling furniture as well as everything else she does. Evelyn’s garage-studio was Stop #2 on the Questa Studio Tour in August. You can imagine what a whimsical experience it was there.

Do you know a volunteer in our area who should be recognized and celebrated? Please tell us! Call 575-586-2149 or email news@questaedf.com.

AROUND THE BEND: CUBA



Teresa Dovalpage with vintage car in cemetery.



El Quijote Park in El Vedado.



El Vedado, Havana



Teresa Dovalpage in Confucius Park, Havana Chinatown

Questa Del Rio News now has a Travel Section! Have you gone somewhere exotic or even not so exotic and would like to send us photos and tell us about it? We would love to share your journey! Send up to four photos with captions to news@questaedf.com by September 15th. ¡Vaya con Dios!

This month's photos were submitted by Teresa Dovalpage, Ph.D., Professor of Spanish and ESL at New Mexico Junior

College AND translator for Questa Del Rio News!

In my recent trip to Havana, I visited Confucius Park in our very own Chinatown. I asked Confucius for patience in dealing with the many little issues I encountered after 19 years of absence!

There were nice moments, of course, like seeing again the Yara Movie Theater, El Quijote Park and the Coppelia

Ice Cream parlor, all settings of my upcoming novel Queen of Bones (Soho Crime, November 2019). I also paid a visit to the cemetery—the book title refers to the orisha Oyá, mistress of the graveyard. But don't worry, it all was less creepy than it sounds.

En mi más reciente viaje a La Habana visité el Parque de Confucio que queda en nuestro Barrio Chino. ¡Ahí le pedí paciencia para lidiar con los problemitas,

grandes y chicos, que encontré después de 19 años de ausencia! Hubo momentos agradables, por supuesto, como el reencuentro con el Cine Yara, El Quijote Park y la Heladería Coppelia, escenarios de mi novela Queen of Bones (Soho Crime, noviembre de 2019). También visité el cementerio pues el título hace referencia a la orisha Oyá, dueña de los panteones. Pero no se preocupen, fue menos espeluznante de lo que suena.

**QIL
HI Co**

Leave the light on.

**NEW LED
BULBS
& FAIRY
LIGHTS
ARE
IN!**

Have a great Labor Day weekend!

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LA COSECHA

Potluck Celebration

SUNDAY • September 29th
starting 1:00pm

Costilla Community Center

Celebrating our 25th year!
Bring your favorite side dish to share.
The PTA and generous donations from local community members will be providing the protein.
Please contact Nina Rowell at 505-423-9089, Vivian Vallejos at 505-290-9563 with what you would like to bring.

WWII Unknown Soldier With DNA Links to Questa

By SFC KRISTEN DUUS, USMC

In November of 1943, 38 year-old George E. Trotter, of Kansas City, Missouri, was a member of Company E, 2nd Battalion, 8th Marines, 2nd Marine Division, fighting in the South Pacific. They landed on the small island of Betio in the Tarawa Atol of the Gilbert Islands. Their mission was to fight the Japanese resistance in an attempt to secure the island. Over several days of intense fighting at Tarawa, the Japanese were virtually annihilated with approximately 1,000 U.S. Marines and sailors killed and more than 2,000 wounded. Trotter died on the first day of the battle, November 20, 1943.

Despite the heavy casualties suffered by U.S. forces, the battle of Tarawa was a huge victory for the U.S. military. The Gilbert Islands were then able to provide the U.S. Pacific Fleet a platform from which to launch assaults on the Marshall and Caroline Islands to advance their Central Pacific Campaign against Japan.

In the immediate aftermath of the fighting on Tarawa, U.S. service members who died in the battle were buried



Courtesy Photo, U.S. Marine Corps

Fallen Soldier from World War II unidentified and designated as Tarawa Unknown X-055, identified recently as George E. Trotter whose DNA was traced to Questa.

in battlefield cemeteries on the island. The 604th Quartermaster Graves Registration Company conducted remains recovery operations on Betio between 1946 and 1947, Trotter's remains were never identified. All of the fallen soldiers found on Tarawa were sent to the

Schofield Barracks Central Identification Laboratory for identification in 1947. By 1949, all those who had not been identified were interred as unknown soldiers in Honolulu in the National Memorial Cemetery of the Pacific (NMCP), including one, designated as Tarawa Unknown X-055.

On March 13, 2017, The Defense POW/MIA Accounting Agency (DPAA) disinterred Tarawa Unknown X-055 from the NMCP for identification. Scientists used dental and anthropological analysis. Additionally, scientists from the Armed Forces Medical Examiner System used mitochondrial DNA (mtDNA) analysis. It was announced that Marine Corps Platoon Sgt. George E. Trotter, killed during World War II, was accounted for on April 16, 2019.

George Trotter's DNA was traced back to family in Questa. Mr. Trotter is survived by his great niece Mary Gould and husband Richard of Taos, their children Ashley O'Brian and her companion Cooper Blankenship, children Jacob O'Brian and Erik O'Brian and wife Wendy; great nephew Henry Roy Liles and wife Barbara; along with numerous

other great-great nieces, nephews, relatives, and friends.

After 75 years, Platoon Sergeant George Ernest Trotter was finally given a proper burial. His remains were brought to the Chapel of DeVargas Funeral Home of Taos where a service was held. He was laid to his final rest at the Santa Fe National Cemetery with full military honors.

DPAA is grateful to the Department of Veterans Affairs for their partnership in this mission. Of the 16 million Americans who served in World War II, more than 400,000 died during the war. Currently there are 72,698 service members still unaccounted for from World War II, of which approximately 26,000 are assessed as possibly-recoverable. Trotter's name is recorded on the Courts of the Missing at the NMCP, along with the others missing from World War II. A rosette will be placed next to his name to indicate that he has been accounted for.

Thank you to SFC Kristen Duus, Chief of External Communications, Public Affairs POW/MIA Accounting Agency; Mary Gould; and Denise Ortega of DeVargas Funeral Home.



PHOTO OF THE MONTH

PHOTO "CARESS" BY M.T. COLEMAN

M.T. COLEMAN, *lives in Sunshine Valley.*

"I apply some of the methods learned from black and white film exposure, development and printing processes to the creation of a digital negative. Using a service bureau with laser-based enlarger equipment, the digital negative is used to expose a latent image on gelatin silver paper which can then be fulfilled using the traditional darkroom chemical print processing."

Back to School Event a Smashing Success!



By MARIA GONZALEZ,
VIDA DEL NORTE COALITION
COORDINATOR

Vida Del Norte collaborated with Harvest Questa, Living Word Ministries, Questa Economic Development Fund, and Questa Public Library to provide a Back to School community event on August 3rd. It was a great event, was a huge success, and a lot of fun. There was great music playing thanks to Michael Rael, Dino Archuleta, and Living Word Ministries Choir. The laughter of children as they played and ran around with friends and family filled the air, and chatter among the adults as they discussed the ins and outs of daily life.

It was a warm day in Questa filled with genuine love for the children of our community, as expressed by everyone who came together to make it a wonderful experience. Barber Eric Romero and stylist Jacqueline Martinez cut and styled 50 kids' haircuts throughout the day. Special appreciation goes out to Bryan Gallegos and To the Nines Barber Shop for gift certificates to those who could not get their hair cut the day of the event. Through the efforts of Harvest Questa and Living Word Ministries, we distributed 72 Backpacks, 80 cinchpacks, 40 pairs of scissors, 120 notebooks, 40 bottles of glue, 40 packs of crayons, 20 packs of markers, 30 reams of notebook paper, and who knows how many pencils and erasers! This was our way to help ease the burdens of our families as we prepare for this new school year. Approximately 120 children walked through the doors of our Youth Center on August 3rd.

Toward the middle of the event silence filled the air as we listened to our guest speakers talk about their experiences with addiction. One message that rang true was how important it is to encourage our youth to live healthy lives.

Aaron Martinez, a 23-year-old from Cordova, New Mexico spoke about his childhood growing up in a 4th generation heroin-addicted family. He expressed how difficult it was for him and his siblings, and the countless times they were taken from their caregivers because



Charlotte Pavlik giving her testimony



Aaron Martinez telling his story

of the disease. Aaron lost his father and his older sister to an overdose. He is now working in the Española area on prevention for youth. Aaron sits on the Mayor's task force to fight this epidemic and speaks throughout the state hoping to change at least one life through his story.

I am not sure if there was a dry eye when Charlotte Pavlik of Questa stood up and gave testimony of her struggle to get to a sober state and stay sober.



Attending children happy with their new supplies.



Photos By Alejandro Chacon

Jacqueline Martinez and Eric Romero helping the kids look fresh with free hair cuts!

Charlotte acknowledged those who lost their lives to addiction. She went through her story of how her addiction started in her younger years with alcohol and marijuana. Charlotte discussed how depression and anxiety can affect a person who may be vulnerable to the disease of addiction. She stated that the deeper the addiction became the more of herself she lost including friends, family, and material things. She went on to say that it took hitting rock bottom over and over again before she would finally be ready to change the state she was in, and she made the decision to get sober. Charlotte is now one year sober and continues to work on herself. She also stated the importance of supporting the youth to make healthy choices and urges adults to listen and pay attention to the signs of depression and anxiety in our young people and talk to them and seek support to help them through. You can watch Charlotte and Aaron's story

on Vida Del Norte Coalitions Facebook page at <https://www.facebook.com/vidadelnortecoalition/>

The event was a great success. We would like to thank Alejandro Chacon for videotaping the event and providing photos. Special thanks go to several community resources and organizations, such as Rio Grande Outpatient Services, Holy Cross Hospital Benefit Navigation Program, Taos DWI program, and Milagro Rotary. We had an overwhelming response from our community. "It was a success and hopefully it will become an annual event where it grows more and more each time," said Enriquetta Vigil.

"It was a great event. Ending the drug and alcohol problem in our community starts with the youth. This event was a great event to start promoting a drug and alcohol-free culture especially among the youth," said Questa Village Councilman John Ortega.

NCRTD Blue Bus Expands Its Services

By JIM NAGLE

The North Central Regional Transit District's RTD Blue Buses began a summer pilot program to provide Friday, Saturday, and Sunday service between the Town of Taos and Taos Ski Valley. RTD 341 TSV Green will run through Sunday, September 29. Service will be provided on three roundtrips Friday through Sunday and provide stops along Paseo del Pueblo beginning at Chamisa Rd and run through the Town, the Plaza and El Prado before turning onto NM 150 through Arroyo Seco, Valdez and to Taos Ski Valley.

Christof Brownell, Mayor of the Village of Taos Ski Valley and NCRTD Board member commented that, "this will be a great way for people to have safe, easy access to all that's going to be happening here in the Village this summer with exciting events each weekend, great hiking, places to dine and shop – even to just come up and enjoy the cool mountain air. We're thrilled to see this happening."

On August 12th the North Central Regional Transit District (NCRTD) started a contracted bus transit service between the Village of Angel Fire in Colfax County and the Town of Taos. The new service will be financed by the Village of Angel Fire with financial support from Colfax County and federal grants.

Fare-free service on the route will begin with three round-trips per day Monday through Friday and shortly after will include weekends and all holidays. There will be four regular stops along the route including Angel Fire Resort, a park and ride location at



Photo by Jim Nagle

The Taos County Administration Building is the location for an NCRTD transit center providing connections throughout the Town of Taos, Taos County, and to Española and Santa Fe.

the junction of US-64 and NM-434 in Angel Fire, Colfax County Airport and Taos County Administration Building in Taos. A fifth stop will be provided weekdays at Moreno Valley High School and Holy Cross Hospital in Taos will be served once each day with return connections provided by the RTD 340 Chile Line Red route.

The Taos County Administration Building is the location for an NCRTD

transit center providing connections throughout the Town of Taos, Taos County, and to Española and Santa Fe.

With the addition of Angel Fire Resort, the NCRTD will be providing service to four top New Mexico ski areas including Taos Ski Valley, Ski Santa Fe and Red River Ski and Summer Area.

Visit www.RidetheBlueBus.com for more details and to view schedule and route information.

The RTD "Blue Buses" will not be in service on Monday, September 2, in observance of Labor Day.

The exception will be the 255 RTD Mountain Trail to the Santa Fe National Forest and the 800 Angel Fire routes which will operate that day.

QUESTA POLICE BLOTTER

JULY 1

3:29 p.m. Natural Disaster Cabresto Road - A caller said two vehicles were stuck in a mudslide.

JULY 2

5:40 a.m. Traumatic Injuries State Highway 522 - A caller said her friend showed up at her house with injuries.

JULY 4

1:30 p.m. Motor Vehicle Theft Casitas de Questa - A caller said his vehicle was stolen

JULY 5

12:10 a.m. Disturbing the Peace St. Anthony's Church - A caller said there are about fifty people screaming and yelling.

9:55 a.m. Suicidal Subject Katheryn Road - Someone called with suicidal intentions.

JULY 12

12:25 p.m. Trespassing State Road 522 - A caller said her son locked her out of her house and wants him removed.

5:59 p.m. Motor Vehicle Theft Cabresto Road - A caller said a 4-wheeler was stolen.

6:42 p.m.

Custody Issue Cabresto Road - A caller said she is having a custody issue with her mother.

9:27 p.m. Shots Fired South Kiowa - A caller said they heard several shots fired.

JULY 20

8:12 p.m. Shots Fired Llano Road - A caller said his neighbor is drinking and shooting.

JULY 21

7:35 a.m. Harassment Old Red River Road - A caller said her mom was harassing her.

JULY 22

7:33 p.m. Assault Upper Pinabete Road - A caller said there is a male there harassing her.

JULY 24

11:54 a.m. Domestic Disturbance Questa Church - A caller said a male and a female are fighting.

JULY 25

10:35 a.m. Suicidal Subject Cabresto Road - A caller said someone is suicidal.

Did you hear about the Energizer Rabbit? He got arrested for battery. —Joke from Ed Galusky



Photo by Douglas Carr Cunningham

Questa and Beyond: Airstreaming

By VANETTE HARRIS

My husband, David, and I are Airstreamers, Louisianans, Texans, Adventurers and Questeños. When we retired in 2011, we decided to downsize and not have the burden of a home and yard to maintain. We became fulltime RVers. This was not a long thought-out plan, it just happened. We put our house in Lafayette, Louisiana on the market. We had lived there 42 years, so we had stuff! Once we made up our minds, it was easy to get rid of most of it. We wanted a simpler lifestyle and the freedom to travel and live affordably in other parts of the country for months at a time.

We found a vintage 1977 31-foot Airstream. It had been used as a camp and had a few “issues.” We redid the plumbing, upholstery, put in new countertops and flooring, got a new convection oven and refrigerator, and with a few other cosmetics by September 2011, it would serve as our home. We had only owned a pop-up camper years ago, so we had much to learn. We joined the Wally Byam Caravan Club International Acadiana Unit, in Lafayette. We were taken under the wings of this fun-loving Cajun group and brought up to speed on all aspects of full-time RV living. We named our trailer Gypsy Rhapsody.

David and I both played this piece on the piano in high school and the name just seemed to fit.

We love New Mexico and had been coming out west since the late 1990’s and had purchased a timeshare at the Caribel Condos in Red River. After about a year of retirement, we decided that a part-time job would be nice. I called the manager of the Caribel, Angelique Gonzales (from Questa, of course), to see if she knew a place in Red River that might need senior citizens to work a few hours a week. She immediately said that she could use us at the Caribel...so our summer jobs were born. We work from Memorial Day to the end of September. The cool mountain air is a dream-come-true for a couple of South Louisianans.

Questa is our home away from home. David and I park Gypsy Rhapsody at a beautiful shady spot by the river and our landlady is awesome. It’s just perfect! The Caribel is only 10 miles up the mountain, and the scenery couldn’t be more beautiful. We share a passion for hiking and touring art galleries. If we are here in the winter, snowshoeing is a must. We have completed the Vistas de Questa Trail three times so far this summer. Not bad for a couple of 73-year-olds.

We have fallen in love with the people of Questa. Everyone has accepted us

and made us part of their beloved community. Questa has become a way of life for us... the Questa Library, Visitor Center, Questa Market, Dollar Store, Questa Lumber & Hardware, Jay’s Thrift Store, Rael’s Coffee Shop, Frank’s, The Wildcat, Post Office, St. Anthony’s, Wild Rivers, Eagle Rock Lake, the Chevron Station, OCHO with Barrie, Yoga Sala, the Wild Rivers, Questa Studio Tours, Questa Del Rio News, and, last but not least, the Ancianos Senior Center. We love driving up the hill for lunch several times a week. Mallie and her workers are wonderful and always welcoming. This is our 7th summer to live and work in northern New Mexico. What a blessing!!!

Being on the road so much, we needed a basecamp. We are members of the North Texas Airstream Community located in Hillsboro, Texas, about 50 miles south of Dallas. It is a 50 acre “gated community” open all year with spacious lots with hookups, custom built villas and houses. The full-time Office Manager has a mail forwarding service. NTAC is an hour or so from our daughter and her family in Austin, Texas and about 6 hours from our son and his family in Lafayette.

A couple of years ago, David and I decided we needed a smaller trailer to add to our family. A friend in Louisiana

saw a 1979 22 foot “Minuet” Argosy made by Airstream on Craig’s List. We checked it out and discovered it was located in Austin about a block from our daughter’s house! It was in great shape, so “Minuet in G” came home with us. Now we have a guest house for our family!

Airstreamers are RVers who share a community spirit because of their mutual love of the big silver bullets. Airstream company founder Wally Byam began leading groups on travels way back in the 1950’s. Photos taken of the trailers in front of famous tourist sites were common. This promoted a mystique which surrounded Airstreams and persists to this day.

To record and share our journeys, I write a blog, “the journey of gypsy rhapsody and minuet in G” which, is written in the voice of “Gypsy” or “MinnieG” depending on whom we are traveling with at the moment. Check it out. You can just google “the journey of gypsy rhapsody”. Be sure to go back to the beginning. It’s been quite a journey, for sure. We have no regrets about following our dream...and we are dreaming about more adventures ahead. Questa and Beyond!

QUESTA WINS from page 1

that the Questa Cheer performance was superior to the AAA schools. The Questa team cheers for Football and Basketball and train the whole year for their competition season. The team goes to all statewide cheer competitions, one in Las Cruces and three in Albuquerque.

Coach Kathy and the All-American Team will leave on December 26th for London, England to perform in the New Year's Day Parade and will return on January 2nd. This will be a wonderful way to celebrate, not only the team's victory but also Mrs. Gonzales's illustrious coaching career. She began as a cheerleader herself at Questa High. A talented coach, she has taken the team to Nationals in Florida, coached numerous cheerleaders to win All-American where they have performed at the Citrus Bowl in Orlando, the London Parade, and the Aloha Bowl in Hawaii to name a few. Coach Kathy's teams have won countless awards over the years at competitions and cheer camps alike.

One of Coach Kathy's past cheerleaders, Rianna Ortega, has a distinguished history as a cheerleader. She was an All American for two years and her trips to London were life-changing opportunities and experiences for her. As a senior, she discovered that the trips, all her awards and being an All American looked really good on her resume. Two of Coach Kathy's former cheerleaders are now cheering at the collegiate level. Aaliyah Duran cheers for Adams State College and Sierra Cisneros will be cheering for Highlands University. Other former cheerleaders were on the Taos Extreme Team and All-Star Teams and they all have Coach Kathy to thank.

Coach Kathy receives encouragement and support from Coach Manuel



Photos by Brandon Gonzales

Front row left to right; Kristal Vigil, Ari Ortega, Nelly Lacome, Mikaela Romero, Clarissa Arellano, Kalena Trujillo. Back Row Christina Cisneros, Emma Medina, Karina Rael, Jenna Hernandez, Coach Kathy Gonzales, Jordyn Martinez, Nadia Gallegos, Jadyn Cintas, Tiana Medina

Gonzales, Kathy's husband and Questa Schools Athletic Coordinator. Coach Kathy also has family support from her son, Brandon Gonzales, who is her assistant cheer coach and has been a tremendous help to the team and to his mom.

This once in a lifetime opportunity for Questa Cheer will not happen without family and community support. The team is raising money for the trip through various Go Fund Me pages and other fundraisers. Please contact Coach Kathy Gonzales for information on how to help the girls get to London. See more on their Questa Cheer Facebook Page <https://www.facebook.com/questa.cheer/>

CELEBRATING QUESTA CHEER!

Clarissa Arellano, All-American
 Jadyn Cintas
 Christina Cisneros
 Jenna Hernandez, All-American
 Nadia Gallegos
 Nelly Lacome, All-American
 Jordyn Martinez, All-American

Emma Medina
 Tiana Medina
 Ari Ortega, All-American
 Karina Rael
 Mikaela Romero
 Kalena Trujillo
 Kristal Vigil

POSITIVE THOUGHTS from page 1

that's good news!

I don't know how to stop violence in America but I do know how to ferret out and redeem violence in me, my mind, my actions, and my life. Most of us would say, "I'm not violent." You or I may not be a person who shoots or harms others—being judgmental is aggressive, being prideful or arrogant is too. Jealousy is a form of violence inside one's mind and in the thoughts aimed at others. In all honesty, even eating animal flesh is a shared violence, and I say that as someone who eats meat.

Positive thoughts? Yes! Turn jealousy into a celebration of the achievements

or good looks of someone, be happy for them. Pride is silly. Laugh with yourself and at how big or good or smart you think you are. And, eating meat? Well, it is now well known that eating more veggies per meal than anything else, especially greens, is the healthiest way to eat. Eating less meat or fish is good for you, good for the planet, and definitely good for edible animals!

Unfortunately, violence is easily fostered. Fortunately, goodness is too. And since more people are fundamentally good, kind, respectful, and caring in the world than the loud, tiny minority who are not, good triumphs (yeah!) even though it might not seem so these days, especially in America.

Oh, positive thoughts... September begins with Labor Day: a commemoration of the laborers who make things happen and of their hard-won fight for honest pay, respect, and safe working conditions in America. A great debt is owed to the laborers of the past and to those who still fight the good fight for all working people.

September 8 is Grandparents' Day. Goodness gracious, the elders in our life are such a treasure. The stories they could tell, the wisdom they have learned, the achievements they have accomplished. Sit with your grandparents and ask them to tell you a story or two.

September 21 is International Day of Peace. May it be so, and as St. Francis

sang and prayed, "let it begin with me." September 21 is also World Alzheimers Day. Keep your brain healthy by keeping it active. Read, play cards and chess and games. Do things that make you think. Eat lots of greens and good fats. The brain needs them.

September 23 is the Autumnal Equinox. Celebrate it with a squash soup made with fresh picked squash and herbs from the garden or from Cerro Vista Farm or the Questa Farmers Market!

We are surrounded by such beauty. Our lives are shared with good people and loving animals. There is so much to celebrate. I think Mother Earth feels our happiness and positive thoughts, which makes her happy.

ESOTERIC ASTROLOGY

SKYDANCE ESOTERIC ASTROLOGY by Charlene R. Johnson
SEPTEMBER 2019

VIRGO, LIBRA & SCORPIO

“The world is full of magic things patiently waiting for our senses to grow sharper.” — W. B. Yeats

We have mentioned the progression of evolution as we trip around the zodiac: from baby in Aries, toddler in Taurus, to marriage in Libra, and then the focus on others as we continue to the end. One of the most fascinating progressions concerns the succession of Virgo, followed by Libra, and then Scorpio.

As we enter the season of Virgo this month it is worth pondering upon the entanglement of these three signs. Many eons ago astrologers used only 10 signs, but that system didn't work so well. So, one sign, The Claws was split to create Virgo and Scorpio with Libra dropped in between. The Claws was thought to look like a scorpion with large claws which also looked like scales. Once Libra became associated with the Vernal Equinox and balance, its association with Scorpio's claws faded, and Astraea, the Goddess of Justice was partnered with Libran law. Until then, Astraea had always been associated with the constellation Virgo, so that association also faded until we now have three distinct signs. But the entanglement continues.

An ancient book (quoted in other books which have lost its title) says: “Virgo is the witch who prepares the ingredients which are weighed in the balances of Libra, and in Scorpio, the magic is carried forward.” This means that in Virgo I discovered Christ in myself; in Libra I fluctuate between pairs of opposites — form and Christ nature — until I attain balance and equilibrium is reached. In Scorpio I am tested as to which will triumph, form or the Christ within, Real or unreal, Truth or illusion. “Wonderful things to ponder as we enter the next three months.

Everyone: As Saturn goes direct in its own sign of Capricorn prepare for sterner times.

ARIES ♈ Planet: Mercury ♀ MARCH 20 – APRIL 19

Dynamic: You're in familiar territory the first half of the month.

Direction: But you want to deal with it in new, higher ways.

Soul Thought: For the sake of one and all.

TAURUS ♉ Planet: Vulcan ♀ APRIL 19 – MAY 20

Dynamic: A challenge to your hopes and aspirations slowly evolves through the latter half of the month.

Direction: Establish a solid foundation the first half of the month.

Soul Thought: What can shake solid foundations?

GEMINI ♊ Planet: Venus ♀ MAY 20 – July 20

Dynamic: You may feel a bit isolated at first, but others step in along the way.

Direction: Isolation can be a time to get things done.

Soul Thought: Or a time for silence and introspection.

CANCER ♋ Planet: Neptune ♀ July 20 – JULY 22

Dynamic: It doesn't get much deeper than this.

Direction: Suggest that you dive!

Soul Thought: Or not. Flopping about in shallow water is always a choice.

LEO ♌ Planet: Sun ☉ JULY 22 – AUG 22

Dynamic: It's a time of equality for all.

Direction: Determine where you are uneven.

Soul Thought: What does it mean to step onto the scales?

VIRGO ♍ Planet: Moon ☾ AUG 22 – SEPT 22

Dynamic: It's your season.

Direction: Get to know that Divine spark within.

Soul Thought: Its job is to save the world.

LIBRA ♎ Planet: Uranus ♂ SEPT 22 – OCT 22

Dynamic: Strange, but not a challenge to be found.

Direction: If you think you're going backwards, it's all an illusion.

Soul Thought: “Don't measure yourself from the top of your head to the ground; measure yourself from your chin up to the sky.” Movie, Little Boy

SCORPIO ♏ Planet: Mars ♂ OCT 22 – NOV 21

Dynamic: This is a time when things can come to fruition.

Direction: Pay scrupulous attention to the details.

Soul Thought: What is the symbolism of ripening fruit?

SAGITTARIUS ♐ Planet: Earth ♂ NOV 21 – DEC 20

Dynamic: This month will offer an opportunity to shift from old school to new.

Direction: Try it! You'll like it!

Soul Thought: Fanaticism is the scourge of the Earth.

CAPRICORN ♑ Planet: Saturn ♄ DEC 20 – JAN 19

Dynamic: Things may get a little more down to earth, a little more “real.”

Direction: Take what you have learned into this next phase.

Soul Thought: What is Real?

AQUARIUS ♒ Planet: Jupiter ♃ JAN 19 – FEB 18

Dynamic: The world seems to revolve around this ongoing challenge.

Direction: Allow it to help you define your goals.

Soul Thought: This too shall end.

PISCES ♓ Planet: Pluto ♇ FEB 18 – MAR 20

Dynamic: Mostly a great month for business.

Direction: Insights are available for your next step.

Soul Thought: “Who looks without, dreams. Who looks within, awakes.” Carl Jung

DATES TO REMEMBER

SEPTEMBER 2019

SEPTEMBER 1 10:00 AM - 2:00 PM

Questa Farmers Market

SEPTEMBER 1 10:00 AM - 2:00 PM

Capital Christmas Tree Ornament Making at Questa Farmers Market

SEPTEMBER 2

Red River Valley Buckaroo Ball

SEPTEMBER 3 5:00 PM - 7:00 PM

Carson National Forest Public Meeting, Red River Convention Center (see page 14)

SEPTEMBER 3 6:00 PM

Questa School Board Meeting

SEPTEMBER 4 2:30-4:30 PM

Library Advisory Board Meeting, Questa Public Library, All Welcome

SEPTEMBER 6 1:00 PM - 3:00 PM

Questa Library Kid's Program, TWIRL!

SEPTEMBER 7-8 10:00 AM - 5:00 PM

Rio Costilla Studio Tour

SEPTEMBER 8

Enchanted Circle Century Bike Tour, Enchanted Circle

SEPTEMBER 8 10:00 AM - 2:00 PM

Questa Farmers Market

SEPTEMBER 11 1:00 PM - 3:00 PM

Carson National Forest Public Meeting, Questa Ranger District Office (see page 14)

SEPTEMBER 12 10:30 AM - 11:30 AM

Rural Bookmobile, Roots & Wings Community School in Lama

SEPTEMBER 12 1:00 PM - 1:45 PM

Rural Bookmobile, Questa Post Office

SEPTEMBER 13 1:00 PM - 3:00 PM

Questa Library Kid's Program, ArtKids!

SEPTEMBER 13 11:00 AM - 2:00 PM

Free Food at North Central NM Food Pantry!

SEPTEMBER 14 10:00 AM - 11:00 AM

Full Moon Community Yoga, Free at OCHO

SEPTEMBER 14 10:00 AM - 5:00 PM

Wags and Wine, Brandenburg Park, Red River

SEPTEMBER 15

International Day of Democracy

SEPTEMBER 15 10:00 AM - 2:00 PM

Questa Farmers Market

SEPTEMBER 16 6:00 PM

Vida Del Norte Free Narcan Training, Questa Youth Center

SEPTEMBER 17

Constitution Day, Citizenship Day

SEPTEMBER 17 4:00 PM - 7:00 PM

Carson National Forest Public Meeting, Sagebrush Inn, Taos (see page 14)

SEPTEMBER 19 10:30 AM - NOON

Wildcat Kitty Club Questa Public Library

SEPTEMBER 19 6:00 PM - 7:30 PM

QEDF Agricultural Forum, Questa VFW (see Page 6)

SEPTEMBER 20 1:00 PM - 3:00 PM

Questa Library Kid's Program, Homeschoolers Welcome!

SEPTEMBER 20-23

Red River Folk Festival at Aspencade – Brandenburg Park

SEPTEMBER 21

International Day of Peace, World Alzheimer's Day

SEPTEMBER 22

Car-free Day

SEPTEMBER 22 10:00 AM - 2:00 PM

Questa Farmers Market

SEPTEMBER 23

Autumnal Equinox, first day of Autumn. Equal length of day and night.

SEPTEMBER 24 6:00 PM

Questa Village Council Meeting, Village Hall

SEPTEMBER 24 6:00 PM

Questa School Board Meeting

SEPTEMBER 24 10:00 AM

Red River Chamber Board Meeting, Red River Conference Center

SEPTEMBER 24

National Voter Registration Day

SEPTEMBER 24 5:00 PM

Red River Town Council, Red River Conference Center

SEPTEMBER 27 1:00 PM - 3:00 PM

Questa Library Kid's Program, ArtKids!

SEPTEMBER 27 11:00 AM - 2:00 PM

Free Food at North Central NM Food Pantry!

SEPTEMBER 28 10:00 AM

QHS Homecoming Parade. More Festivities (see page 18)

SEPTEMBER 29 10:00 AM - 2:00 PM

Questa Farmers Market

For a complete list of September events in Red River, go to <https://redriver.org/events/calendar/2019/9>

SEPTEMBER IS:

Baby Safety Month

Hispanic Heritage Month

Childhood Obesity and Cancer Awareness month

Self-care Awareness month

National Suicide Prevention Month

National Farm Animals Awareness Week – Third

Week of September

Keep Kids Creative Week – September 17-21, 2018

(Third Full Monday through Friday Week)

Active Aging Week – September 23 – 29, 2018

To discover your Rising Sign, or for more information, contact Charlene R. Johnson, www.SkyDanceAstrology.com, or email: SkyDance@SkyDanceAstrology.com

Esoteric Astrology is focused on the rising sign more than the sun sign (we suggest you read both) and provides clarity, direction and answers for those seeking a higher level of life.

HELP WANTED

QISD-Questa Schools Job Vacancies– First grade teacher, Secondary Social Studies Teacher, 3 Educational Assistants. See ad on this page.

Part-time Cleaning Person, Looking for someone who likes to clean house and earn extra money. Vacation rental in El Rito. \$20/hr. 575-586-1363.

Housecleaner Looking for someone to clean for a person with disabilities, 16 hours a month (2 days) at \$13 an hour. Must have reliable transportation, references and undergo a background check. Call 575-640-8789.

Wild and Scenic Rivers Visitor Center is seeking seasonal volunteers to help operate the Visitor Center. Starting October 1, 6 hours per day anywhere from 1 day per week to 5 days per week depending upon your availability. Please contact the Wild Rivers Visitor Center for more information at 586-1150.

Do You Have a Home Rehab Business? The Questa Lodging Project is compiling a list of Questa-area GB-98 contractors, roofers, landscapers, electricians, plumbers, and handymen and women to rehabilitate homes in Questa. If you own a business in the Questa area, have a Questa business license, and fall into one of these categories, please call to get in our directory so we can send home rehab customers to you! 575-586-2149 (more details on page 4)

Housesitters: The Questa Lodging Project is compiling a list of housesitters. If you would like to be in the directory, please call so we can tell people about you! 575-586-2149.

Housecleaners: The Questa Lodging Project is compiling a

list of people who clean houses, especially for short-term and vacation rentals. If you would like to be in the directory, please call so we can tell people about you! 575-586-2149.

ROCKY MOUNTAIN YOUTH CORPS Join a team of young adults serving AmeriCorps terms. We are accepting applications for our Fall Conservation Crews. Multiple positions for 18-25 year-olds this Fall season. Earn \$760 every two weeks, and \$1,612 Education Award. Apply online: www.youthcorps.org, or call (575) 751-1420.

FOR SALE

Solid oak regulation pool table, cue sticks, balls, lights. Great condition. Previous owner: Ray Vinella. \$1500, call Lynn or Krissie at 586-0515.

If anyone needs chile, Mariachi Questa still has green (\$9) and red medium and hot (\$7). Please spread the word! Ask any Mariachi member or call 779-5601.

Freshly harvested Tipi (teepee) poles for sale. Poles are pre-order and harvested for you. Denedubbed, peeled, and dried. Delivery and set up available for an extra charge. Multiple lengths available. Contact Wendy for price: thetipilady@gmail.com or 541-497-0287.

LAND FOR SALE

35 gorgeous (not all flat) off-the-grid acres in Sunshine Valley. Reduced to \$20,000. Call 575-586-1363

Half acre Lots for sale by owner with financing 10% down, \$250.00 a month payments. Located in Questa, Village water and Sewer, natural gas, power and telephone. Close to schools with village maintained streets. Located on Shirley Drive off Don Martinez Street. Call Jana 575-770-3812.

WANTED

SCRAPPED VINTAGE VEHICLES for truck bed garden landscaping at the Farmer's Market site. Old and rusty, one piece or different parts. Contact Farmers Market Manager Gaea McGahee at (575) 224-2102 or growersmakers@gmail.com

VOLUNTEER

OPPORTUNITIES

Questa Del Rio Colorado News looking for: Questa, San Cristobal, Lama, Cerro and Educational Correspondents and a Social Media Coordinator. Email news@questaedf.com or call 575.586.2149. Can start immediately!

NOTICES

The Questa Economic Development Fund will host a community forum to discuss the future of agriculture in Questa and the surrounding communities. The QEDF is looking to provide technical assistance grants to the agriculture community. The forum will be held at the Questa VFW on Thursday, September 19th at 6:00 PM. All are welcome to attend regardless of what level of agriculture you may be involved in. Please contact Malaquias Rael at 575-779-0623. See article on page 4 for more information.

RED RIVER COMMUNITY HOUSE BINGO Every Friday & Saturday night at 6:30 PM. September is our last month for BINGO! Check website calendar for changes: Redrivercommunityhouse.com \$20 cash/person for 10 games

Len Nils Beke has joined the Manitos Project and is working to recover the Spanish language place names in our communities of northern NM and Southern CO. If you are interested or have information to share, please contact him. His email address is lenbeke@unm.edu or www.facebook.com/manitotopos/ This is a wonderful and worthy project!

QUESTA FARMERS MARKET 10:00 am to 2:00 pm on Sundays at the Questa Visitor Center Parking Lot. MUSIC LINEUP FOR SEPTEMBER: September 1 Chris and Rodney Arellano - September 8 Carlos Rael - September 15 Michael Rael and ¡Mariachi Questa!
Good News For Dog Lovers: Red River Bark Park is open 24/7/365, YAY! See page 12 for more information.

The Questa Visitor Center is now open 7 days a week, 10am-3pm for the summer. Check us out when you visit the Questa Farmers Market on Sundays! The address is 1 NM Highway 38. (In Questa turn at the light onto Highway 38 and make an immediate left into the parking lot). 575.586.2149

Music lessons - piano, guitar, ukulele, accordion, base, saxophone and recorder, contact Nat Wilson, 575-779-2725, lessons at La Sala in Questa, 2331 Hwy 522.

Bluegrass Music Jam The Juice Caboose in Red River, every Thursday night at 6:30 pm
Weekly Music Jam Rael's Coffee House in Questa, Every Thursday at 6:00 pm.



LIKE US ON FACEBOOK!
Questa Del Rio News

Need Something? Have Something? LIST IT IN THE CLASSIFIEDS!

Starting at flat rate \$10 for 25 words or less (25 word min. 50 word max)

DelRioColoradoADs@gmail.com

QUESTA INDEPENDENT SCHOOL DISTRICT

JOB VACANCIES

- 1st grade teacher
- Secondary social studies teacher
- 3 Educational Assistants

Application Packet Available at <http://qisd-nm.schoolloop.com>

Application packet should include: Complete QISD Certified Application, Letter of Interest, Current Resume, (3) Three Employment or Education References (Include Current Names, Titles, Addresses and Phone Numbers) Satisfactory Background Investigation. All applications will be screened. Selected applicants will be invited for an interview.

INCOMPLETE APPLICATIONS WILL NOT BE PROCESSED.

Submit Applications to:

Kathy Gonzales, Human Resources Specialist
Questa Independent School District
P.O. BOX 440
Questa, NM 87556

BUSINESS DIRECTORY (Continued from Back Page)



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CHURCH DIRECTORY

QUESTA

ST. ANTHONY DE PADUA CHURCH IN QUESTA

Father Andrew Ifele 586-0470
Saturday 6pm,
Sunday 7am in Spanish -11am in English

MISSION CHURCHES:

Sagrado Corazon in Costillo - Sunday 9am
Nuestra Señora de Guadalupe in Cerro-
2nd & 4th Saturdays 4PM
Santo Niño in Amalia- 1st & 3rd Saturdays 4pm

HARVEST QUESTA

Pastors Kristi & Johnny Gonzales
2558 Hwy 522
Sunday 11 AM- 12:30 PM
Phone 575-770-5906
Visit us online: HarvestQuesta.org

LIVING WORD MINISTRIES

Pastors Peter and Gayle Martinez
12 Llano Road
Service: Sunday 10:30 am
Nursery and Kids' Church at 10:30am
Wednesday Bible Study 7pm
www.lwmsite.org
586-1587

PATH OF LOVE

Teachings of Herman Rednick
Sunday 8am class and meditation
586-1454, Hilece
Sunday 11am Alice Bailey Theosophy Study Group
586-4641, Francis

QUESTA CHURCH OF CHRIST

2 miles north of Questa on State Road 522
We are excited to offer Bible Class at
9:30am on Sundays
Followed by worship at 10:15am
We pray you will join us!

KAGYU MILA GURU SANGHA

Tibetan Buddhism
Thursday at 4pm Chenrezig
Friday 8am-Green Tara
gabrielle.herbertson@gmail.com
www.earthjourney.org
586-1454 or 586-1038

RED RIVER

CROSS CHRISTIAN FELLOWSHIP

(Standing in the Gap)
The Way Coffee House, 201 W. Main Street
Sunday 10:00am, Wednesday 6:30pm
Children's Church at Both Times
Pastor Chris Torres (505) 600-5859

FAITH MOUNTAIN FELLOWSHIP

Corner of River Street and Copper King Trail
Sunday 10:30am

FIRST BAPTIST CHURCH OF RED RIVER

103 High Cost Trail
Sundays 8:15am and 10:30am
Pastor Joe Phillips 754-2882

ST. EDWIN'S CATHOLIC CHURCH

North End of Silver Bell Trail
Saturday 6pm (Confession prior to Mass or by appt.)
Father Andrew Ifele 586-0470



QUESTA LODGING PROJECT CLASSIFIEDS

Call 586-2258 or email Lodging@QuestaEDF.com

HOUSING AVAILABLE

LAMA LOFT

Unique lofted 1 bedroom, 1 bath home in Lama; house sits on 3 acres and is only 5 years old. Perfect for a 1 person or a couple. There are many special features to this home. Rent is \$1250 per month, plus utilities.

SOUTH KIOWA

3 spacious bedrooms, 2 full bath, master bedroom with walk-in closet, bath features a garden tub and double sinks. Formal dining room, large living room, sunny kitchen with newer appliances and island, separate laundry room with new washer/dryer, window blinds throughout, skylights, vaulted ceilings, plenty of storage, huge covered deck, on one acre, apple trees, beautiful daylilies grow naturally, oversized 2 car garage, \$1450 per month plus \$1000 move-in deposit.

AVENIDA DE ELIZ

Beautiful 3 bedroom, 2 bath home tucked away in the heart of Questa off of highway 522, located close to the elementary school. This restored, authentic adobe home has full kitchen, washer and dryer, one common room, and incredible views. Fenced property for horses or cows and old corrals (No dog or cats accepted inside or outside of the home). It's also on an acequia/water ditch for folks who want to garden. The landlord lives right next door, an elderly man who is quiet and respectful. \$1200. Per month, \$1200 deposit. Tenant responsible for all utilities. Available now.

LAMA FOREST SERVICE AREA

3 bedroom, 2 bath trailer home nestled next to the forest. Nice quiet area with great views, large yard space, full size washer and dryer in a nice sized laundry room, semi-furnished. This home is perfect for a small family wanting to live quietly in Questa. All utilities are tenants' responsibility. Propane heat. No pets allowed. Housing assistance considered. \$1000 per month plus \$1000 deposit. Available September 1.



Fuelwood Permits, Maps & More available from Carson National Forest



By Denise Ottaviano

Fuelwood permits, maps, Interagency Passes, and other products will once again be available for purchase at the Carson National Forest (CNF) Supervisor's Office in Taos. These products are also available at all ranger district offices.

As an added convenience, we will also be offering Saturday sales on a temporary basis. The Supervisor's Office will be open on five Saturdays from August 31 through September 28 from 9:00 a.m. to 1:00 p.m.

Starting Monday, August 26, office hours at the Supervisor's Office in Taos will be 8:00 a.m. to 12:00 p.m. and 12:30 p.m. to 4:30 p.m. until further notice.

Dead & down fuelwood permits are \$20 for 5 cords, with a maximum of 10 cords per household per year. Fuelwood permits are valid until December 31, 2019.

Forest maps are \$14. Maps for the CNF and all other national forests in the country can also be purchased online at <http://www.nationalforest-mapstore.com/>.

For a listing of our forest maps, visit our webpage: <https://www.fs.usda.gov/main/carson/maps-pubs>

America the Beautiful Interagency Annual Passes are \$80. For more information about these passes visit the following webpage: <https://www.fs.usda.gov/detail/carson/passes-permits/?cid=fseprd553944>

Rock permits must be obtained at the Ranger District office where the rock will be collected.

Customers may purchase all products by check, credit/debit card or cash.

For more information about the Carson NF visit our webpage www.fs.usda.gov/carson or Facebook page www.facebook.com/CarsonNF/.

"USDA is an equal opportunity provider, employer and lender."



AA MEETINGS

Sundays 10-11:00 am

Open Meeting
Questa Youth Center

Mondays 7:00pm

Harvest Questa
2558 Highway 522

Tuesdays 7:00pm

Erik's Workshop
417 E. High St., Red River

AA WORDS OF INSPIRATION FOR SEPTEMBER

"We have learned that the satisfaction of instincts cannot be the sole aim of our lives."
—ALCOHOLICS ANONYMOUS

Yoga Sala Schedule

Monday, 4:30-6 pm

Slo Yo with Lou.

NO CLASS ON LABOR DAY, SEPT. 2

Tuesday, 9-10:30 am

Gentle Flow/Restore with Gaea.

Thursday,

10-11:30 am

Gentle Basic Yoga with Willow

Thursday evening, 5:30-7 pm

Flow/Deep Stretch with Gaea.

Free Full Moon Community Yoga, SEPTEMBER 14, 10:00 am

Special Rate for Teachers and Students:
Drop-in for \$10!

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